

שבת שלום

# Shabbat Shalom

Friday, May 15, 2026 / 29 Iyyar 5786  
Parshat Bamidbar

שָׂאוּ אֶת-רֹאשׁ כָּל-עֵדֹת בְּנֵי-יִשְׂרָאֵל לְמִשְׁפַּחָתָם  
לְבֵית אֲבֹתָם:

"Take a census of the whole Israelite company by the clans of its ancestral houses." (Numbers 1:2)

**Service Leader and Drashah: Rabbi Adam Graubart**  
**Ba'al Tefillah: Larry Kay**

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Rabbi Yael Werber  
Cantor Sam Rosen  
Rabbi Marisa Elana James, Director of Social Justice Programming  
Joyce Rosenzweig, Music Director  
Ivan Zimmerman, President  
Rabbi Sharon Kleinbaum, Senior Rabbi Emerita

# Shabbat Shalom and Welcome to CBST!

Since our founding in 1973, CBST has been a center of joyful communal prayer, provocative words of Torah, and deep Jewish learning. Whether you are a newcomer tonight or have been a member of CBST for decades, believe in God or are questioning, identify as LGBTQ+ or as an ally, we welcome you.

In the current moment of political and social turmoil, gathering for Shabbat offers an opportunity to ground our busy lives. Making time for Shabbat is a radical reorientation of how we use our time, making space for beauty, spirituality, and joy.

In the words of our Senior Rabbi Emerita, Rabbi Sharon Kleinbaum,  
joy is an act of political and spiritual resistance.

-Rabbi Yael Werber and Cantor Sam Rosen

## CBST Welcomes Our Hebrew Speaking Guests

ברוכים וברוכות הבאים לקהילת בית שמחת תורה! קהילת בית שמחת תורה מקיימת קשר רב שנים ועמוק עם ישראל, עם הבית הפתוח בירושלים לגאווה ולסובלנות ועם הקהילה הגאה בישראל. אנחנו מזמינים אתכם/ן לגלות יהדות ליבראלית גם בישראל! מצאו את המידע על קהילות רפורמיות המזמינות אתכם/ן לחגוג את סיפור החיים שלכן/ם בפלאיירים בכניסה. לפרטים נוספים ניתן לפנות לרב נועה סתת: [noa.sattath@acri.org.il](mailto:noa.sattath@acri.org.il)

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At CBST, our goals to keep each other safe and healthy are deeply connected to the themes of the High Holidays. We build a better world beginning with each other. CBST's Science and Medical Team asks that we rededicate to the practices that have served our community:

- If you have, or have recently recovered from, respiratory symptoms please do not attend in-person events. All services are livestreamed, and we will look forward to welcoming you back soon.
  - People have different vulnerabilities. Your decision to wear a mask is respected at CBST.
  - Please consider personal space by not automatically moving to embrace others, especially the clergy who interact with so many congregants.
  - Keep up to date on vaccinations for Flu and COVID, remembering that we are in the season of increased transmission.
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Thanks to: Jason Zivic & Better Events Sound Technicians · Shabbat Donors  
Livestream Chat, Sharon Golub · Jorge Loyola and the whole facilities staff  
Welcoming Ushers and the Hospitality Team · CBST Staff · Security

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**Use of mobile phones and other devices with lighted screens in the sanctuary is distracting to those who come to pray. If you need to check your device, please step outside to do so. Photography and video are permitted only to those who have been given permission in advance of the service. Anyone who uses one of these devices in the sanctuary without prior permission will be asked to leave. And thank you for refraining from applause.**

**MAY 15, 2026 / 15 IYYAR 5786**  
**PARSHAT BAMIDBAR - SHABBAT MEVARCHIM HACHODESH**  
**SHABBAT MACHAR CHODESH**

31	שַׁבַּת הַמַּלְכָּה	Shabbat Hamalkah	Pinchas Minkowsky (1859-1924)
34	יְדִיד נֶפֶשׁ	Yedid Nefesh	Daphna Rosenberg
38	הַדְּלָקַת נְרוֹת שֶׁל שַׁבָּת	Candle Blessing	Abraham Wolf Binder (1895-1967)
40	שְׁלוֹם עֲלֵיכֶם	Shalom Aleichem	Israel Goldfarb (1879-1956)

**KABBALAT SHABBAT / WELCOMING SHABBAT / קַבְּלַת שַׁבָּת**

52	לְכוּ נְרַנְנָה (תהלים צה)	L'chu N'ran'nah (Psalm 95)	Chabad Chasidim
54	יִשְׂמְחוּ הַשָּׁמַיִם (תהלים צו)	Yism'chu Hashamayim (Psalm 96)	Craig Taubman (Born 1958)
62	מִזְמוֹר לְדָוִד (תהלים כט)	Mizmor L'David (Psalm 29)	Western Sephardic
66	לְכָה דוּדִי	L'chah Dodi (Shlomo Alkabetz)	Abie Rotenberg; Israeli Song Festival
72	טוֹב לַהֲדוֹת (תהלים צב)	Tov L'hodot (Psalm 92)	Ken Chasen (Born 1965)

**MA'ARIV / THE EVENING SERVICE / מַעְרִיב**

78	בְּרַכּוּ	Bar'chu	Nusach
80	הַמַּעְרִיב עֲרָבִים	Hama'ariv Aravim	Nusach
86	אַהֲבַת עוֹלָם	Ahavat Olam	Eric Mandell (1902-1984)
88	שִׁמְעַיִשְׂרָאֵל	Sh'ma Yisrael	Salomon Sulzer (1804-1890)
89	וְאַהֲבַת	V'ahavta	Torah Cantillation (Trope)
P5	מִי כָמְכָה	Walk with You	Jessi Roemer
98	הַפּוֹרֵשׁ סִכַּת שְׁלוֹם	Haporeis Sukkat Shalom	Jeff Klepper (Born 1954)

102	וּשְׁמֵרוּ	V'shamru	Debbie Friedman (1955-2011)
104	חֲצִי קָדִישׁ	Chatsi Kaddish	Nusach
106	עֲמִידָה	<b>Shabbat Amidah</b>	
118	עֵשֶׂה שְׁלוֹם	Oseh Shalom	Michael Hunter Ochs (Born 1975)
130	תְּפִלָּה לְרִפּוּאָה	Prayer for Healing	
P6	תְּפִלָּה לְמְדִינָה	Prayer for Our Country	
136	בְּרַכַּת הַחֹדֶשׁ	Blessing of the New Month	Improvisation
138	קָדִישׁ שְׁלָם	Kaddish Shalem	

**DRASHAH: RABBI ADAM GRAUBART**  
**CONCLUDING PRAYERS / סִיּוּם הַתְּפִלָּה**

P5		Sfirat Haomer	Yosef Goldman
P5	סְפִירַת הָעוֹמֵר	Counting of the Omer	
140	עֲלֵינוּ	Aleinu	Salomon Sulzer (1804-1890)
150	קָדִישׁ יְתוּם	Mourner's Kaddish	

**ANNOUNCEMENTS & SPONSORSHIPS**

P5	תּוֹרַה צְוֶה לָנוּ מִשָּׁה	Torah Tzivah Lanu	
156	קִידוּשׁ / הַמוֹצֵיָא	Kiddush & Motzi	

## COMPOSER FEATURE

**Michael Hunter Ochs (b. 1975)** has served as Composer In Residence at Congregation Micah in Nashville, TN and East End Temple in New York City. In 2016, Michael was commissioned by New York's 92nd Street Y to compose an original Rosh Hashanah song, "A New Year." He has performed for members of the Nobel Committee, the Congressional Prayer Breakfast, the URJ Biennial, and The Jewish Museum of Berlin – to participate at the 70th Commemoration of Kristallnacht. His songs have been recorded by international entertainers including, Helene Fischer (the number-one selling artist in Germany), Cheat Codes, Nico Santos, Natalie Grant, Cece Winans, and more. His song "In Her Eyes" was recorded by famed superstar Josh Groban.

## Walk with You - Mi Chamocha

When you walk through the water, I'll walk with you (I'll walk with you)  
Don't be afraid, don't be afraid (don't be afraid, don't be afraid)  
I'll walk with you (I'll walk with you). I'll walk with you (I'll walk with you)

When you stand up on holy ground, I'll stand with you (I'll stand with you)  
Don't be afraid, don't be afraid (don't be afraid, don't be afraid)  
I'll stand with you (I'll stand with you). I'll stand with you (I'll stand with you)  
I'll walk with you (I'll walk with you). I'll walk with you (I'll walk with you)  
*Ki ta'avor bamayim, itkha ani (itkha ani)*  
*Al tira, al tira (Al tira, al tira)*  
*itkha ani (itkha ani), itkha ani (itkha ani)*

When your journey brings you to my shore, I'll welcome you (I'll welcome you)  
When your journey brings you to my border, I'll welcome you (I'll welcome you)  
Don't be afraid, don't be afraid (don't be afraid, don't be afraid)  
I'll welcome you (I'll welcome you). I'll welcome you (I'll welcome you)  
I'll stand with you (I'll stand with you). I'll walk with you (I'll walk with you)  
*Mi chamocha ba'eilim, Ado-nai (Ado-nai)*  
*Mi kamocha ne'edar bakodesh (bakodesh)*  
*Nora t'hilot (osei fele)*  
I'll walk with you (I'll walk with you)

### Sfirat Haomer

Music: Yosef Goldman

לְשֵׁם יְחֻד קִדְשָׁא בְּרִיךְ הוּא וְשְׁכִינְתֵיהּ  
הַנְּנִי מוֹכֵן וּמְזַמֵּן לְקִיּוֹם מִצְוֹת עֲשֵׂה  
שֶׁל סְפִירַת הָעוֹמֵר  
*L'shem yichud Kudsha Brich 'Hu uSh'chintei*  
*Hin'ni muchan um'zuman I'kayem mitzvat asei*  
*Shel sfirat haomer*

For the sake of the oneness of the Holy One and of the Shechinah,  
I am prepared and ready to perform the proactive mitzvah  
Of counting the omer

שִׁבְעַת שַׁבָּתוֹת תְּמִימוֹת תִּהְיֶינָה  
*Sheva shabbatot t'mimot tihyenah*  
Seven complete weeks will there be [after the first day or Passover]

### Torah tzivah lanu Mosheh / תּוֹרָה צִוָּה לָנוּ מֹשֶׁה

תּוֹרָה צִוָּה לָנוּ מֹשֶׁה  
מִוֶּרְשָׁה קְהֵלֵת יַעֲקֹב:

*Torah tzivah lanu Mosheh, morashah k'hilat Yaakov*

The Torah that Moses commanded us is a  
legacy for the congregation of Jacob.

## **PRAYER for OUR COUNTRY**

**Rabbi Ayelet S. Cohen**

Our God and God of our ancestors,  
bless this country and all who dwell within it.  
Help us to experience the blessings of our lives and circumstances,  
To be vigilant, compassionate, and brave.  
Strengthen us when we are afraid,  
Help us to channel our anger, so that it motivates us to action.  
Help us to feel our fear, so that we do not become numb.  
Help us to be generous with others, so that we raise each other up.  
Help us to be humble in our fear,  
knowing that as vulnerable as we feel,  
there are those at greater risk, and  
that it is our holy work to stand with them.  
Help us to taste the sweetness of liberty,  
To not take for granted the freedoms won  
in generations past or in recent days.  
To heal and nourish our democracy,  
that it may be like a tree planted by the water  
whose roots reach down to the stream;  
it need not fear drought when it comes,  
its leaves are always green (Jeremiah 17:8).

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## **PRAYER FOR PEACE DURING TIMES OF WAR**

**Adapted from Rabbi Nachman of Breslov**

May it be Your will,  
Holy One, our God, our ancestors' God,  
that you erase war and bloodshed from the world  
and in its place draw down  
a great and glorious peace  
so that nation shall not lift up sword against nation  
neither shall they learn war any more.

Rather, may all the inhabitants of the earth  
recognize and deeply know  
this great truth:  
that we have not come into this world  
for strife and division  
nor for hatred and rage,  
nor provocation and bloodshed.

We have come here only to encounter You, eternally blessed One.

And so, we ask your compassion upon us;  
raise up, by us, what is written:  
*let justice come in waves like water and righteousness flow like a river,  
for the earth shall be full  
of the knowledge of the Holy One  
as the waters cover the sea.*

# REFUAH SHLEIMAH – HEALING PRAYERS

Tarlochan Bahray  
Bracha Rivka Leah bat Dvora Shoshana Raizel  
Bracha bat Moshe Lev v'Miriam  
Cate Corcoran  
Robert Fink  
Eli Goldberg  
Charles Jefferson  
Kevin Kraus  
Lidia Ordenez  
Richard ben Rose  
Talia Shane bat Rinah  
Shep Wahnon  
Yehudit Chana bat Sara Rivka u'Varuch

*This list is for those with acute illness. Any person may submit one name for one-month inclusion. We only print names of people who have given consent. You may say any name aloud during the healing prayer. If you or a CBST member you know is ill and would like support, contact [info@cbst.org](mailto:info@cbst.org). We are here for you.*

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## YORTZEITS

28 Iyyar to 5 Sivan

### Members memorialized on the Wine Family Sanctuary Memorial Wall

George Mooy	John D. Stevenson
Jeffrey A. Shuman	Charles Tyson
Robert Sinacore	

### Family & Friends memorialized on the Kuriel Chapel Memorial Wall

Adelle Appell	Ralph M. Lutrin
Henry Berman	Judah Mizrahi
Florence Best	Sylvia Morott
Barbara Cohen Finn	Jill Carlotta Morris
Stanley Geller	Jilla Esther Namdar Simani
Jack Guralnick	Edythe Siegel
Ronald J. Kaplan	Beatrice Spahn Steinman
Alexander S. Kopstein	Arthur Wilensky
Edmonde Bernadette Lahma Klehmann	

### The CBST community extends condolences to mourners among us:

CBST members Beth Greenfield, Kiki, and Lula, on the death of Beth's father, Martin Greenfield, z"l, who died on May 13.

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May the Holy One comfort all who mourn.

# SPONSORSHIPS

## TONIGHT'S LIVESTREAM

### Underwritten by

**Alton Bader**, who has generously and consistently supported CBST's Livestream.

### Sponsored by

**Jay Fischer and Michael Lehrman**, who generously support CBST's Livestream.

**Sally Kopstein**, in loving memory of my Dad, Alexander Kopstein, z"l.

**Mark Susskind**, Shabbat Shalom. We'll leave lights on while you navigate your wilderness, of Columbia County, of cities and villages the world over, and perhaps of your own thoughts and feelings.

### Supported by

**Linda Solomon and Bonnie Siegel** wish Alana Krivo-Kaufman mazal tov on her ordination this weekend.

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### SOMETHING MAGICAL HAPPENS WHEN YOU JOIN CBST!

It's always a great time to join or renew your membership at CBST

#### CONNECT WITH US:

membership@cbst.org  
cbst.org/membership  
or scan the QR Code



**Joyful. Spiritual. Proud.**

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