

וַיּאמֶר ה׳ אֶל–אַבְרָם, לֶדְ–לְדְּ מֵאַרְצְדְ וּמְמוֹלַדְתְדְ וּמְבֵּית אָבִידְ, אֶל–הָאָרֶץ אַשֶּׁר אַרָאָדַ

"The Eternal said to Abram, 'Go forth from your land, from your birthplace, from your ancestral home, to the land that I will show you." (Genesis 12:1)

Rabbi Jason Klein, SENIOR RABBI
Rabbi Yael Werber, ASSOCIATE RABBI
Cantor Sam Rosen
Rabbi Marisa Elana James, DIRECTOR OF SOCIAL JUSTICE PROGRAMMING
Joyce Rosenzweig, MUSIC DIRECTOR
Ivan Zimmerman, PRESIDENT
Rabbi Sharon Kleinbaum, SENIOR RABBI EMERITA

WELCOME TO CBST! SHABBAT SHALOM!

Shabbat shalom and welcome to CBST. Since our congregation's inception in 1973, the cornerstone of CBST community life is our presence with one another in joyful communal prayer, words of Torah, and conversation as we welcome Shabbat each Friday evening. Whether you are a newcomer tonight or have been a member of CBST for decades, my desire is that everyone present here both enriches and is enriched by the community. Times of great uncertainty reinforce Jewish tradition's call to set aside many of the tasks of ordinary life as the Friday sun goes down each week and be more present with ourselves, with loved ones, and with the community. Setting aside a full day to stop and rest allows us to reenter the world each week filled with purpose, resilience, and love. May we each as individuals and as a community, in the words of our Senior Rabbi Emerita, Rabbi Sharon Kleinbaum, be the reason people have faith in the goodness of others.

—Rabbi Jason Klein

Thanks to: Jason Zivic & Better Events Sound Technicians · Shabbat Donors Livestream Chat, Sharon Golub · Jorge Loyola and the whole facilities staff Welcoming Ushers and the Hospitality Team · CBST Staff · Security

CBST WELCOMES OUR HEBREW-SPEAKING GUESTS

ברוכים וברוכות הבאים לקהילת בית שמחת תורה! קהילת בית שמחת תורה מקיימת קשר רב שנים ועמוק עם ישראל, עם הבית הפתוח בירושלים לגאווה ולסובלנות ועם הקהילה הגאה בישראל. אנחנו מזמינים אתכם/ן לגלות יהדות ליבראלית גם בישראל! מצאו את המידע על קהילות רפורמיות המזמינות אתכם/ן לחגוג את סיפור החיים שלכן/ם בפלאיירים בכניסה. המ.sattath@acri.org.il

Use of mobile phones and other devices with lighted screens in the sanctuary is distracting to those who come to pray. If you need to check your device, please step outside to do so. Photography and video are permitted only to those who have been given permission in advance of the service. Anyone who uses one of these devices in the sanctuary without prior permission will be asked to leave.

At CBST, our goals to keep each other safe and healthy are deeply connected to the themes of the High Holy Days. We build a better world beginning with each other. CBST's Science and Medical Team asks that we rededicate to the practices that have served our community:

- If you have, or have recently recovered from, respiratory symptoms please do not attend in-person events. All services are livestreamed, and we will look forward to welcoming you back soon.
- People have different vulnerabilities. Your decision to wear a mask is respected at CBST.
- Please consider personal space by not automatically moving to embrace others, especially the clergy who
 interact with so many at this season.
- Keep up to date on vaccinations for Flu and COVID, remembering that we are in the season of increased transmission.

These are confusing times for the health decisions that we each must navigate. CBST is proud of our history to provide practical guidance where we can. We thank our community for respecting these values and wish everyone good health and hopeful times in the new year.

OCTOBER 31, 2025 / 10 CHESHVAN 5786 PARSHAT LECH L'CHA

| הַכְנַת הַלֵּב - OPENING PRAYERS AND MEDITATIONS | | | | | |
|---|--------------------------------|----------------------------------|-------------------------------------|--|--|
| 34 | יְדִיד נֶפֶשׁ | Yedid Nefesh | Craig Taubman (Born 1958)* | | |
| 38 | הַדְלָקַת נֵרוֹת שֶׁל שַׁבָּת | Candle Blessing | Abraham Wolf Binder (1895-1967)* | | |
| 40 | שָׁלוֹם אֲלֵיכֶם | Shalom Aleichem | Israel Goldfarb (1879-1956)* | | |
| Program | | A Prayer for This Time | | | |
| KABBALAT SHABBAT / WELCOMING SHABBAT - קַבָּלַת שַׁבָּת | | | | | |
| 52 | לְכוּ נְרַנְּנָה (תהלים צה) | L'chu N'ran'nah (Psalm 95) | Western Sephardic* | | |
| 54 | שִׁירוּ לַה׳ (תהלים צו) | Shiru Ladonai (Psalm 96) | Shlomo Carlebach (1926-1994)* | | |
| 62 | מְזְמוֹר לְדָוִד (תהלים כט) | Mizmor L'David (Psalm 29) | Shlomo Carlebach (1926-1994)* | | |
| 66 | לְבָה דוֹדִי | L'chah Dodi (Shlomo Alkabetz) | Abayudaya Ugandan* Moshe Laufer* | | |
| 72 | מְזְמוֹר שִׁיר (תהלים צב) | Mizmor Shir (Psalm 92) | Jerusalem* | | |
| MA'ARIV / THE EVENING SERVICE - מְעֵריב | | | | | |
| 78 | בָּרְכוּ | Bar'chu | Nusach | | |
| 80 | <u>הַמְעַרִיב עַרְבִים</u> | Hama'ariv Aravim | Nusach | | |
| 86 | אַהֲבַת עוֹלֶם | Ahavat Olam | Debbie Friedman (1951-2011)* | | |
| 88 | שְׁמַע יִשְׂרָאֵל | Sh'ma Yisrael | Salomon Sulzer (1804-1890) | | |
| 89 | וְאָהַבְתָּ | V'ahavta | Trope | | |
| 94 | מִי כָמֹכָה | Mi Chamochah | Sol Zim (Born 1939)* | | |
| 98 | הַשְׁכִּיבֵנוּ | Hashkiveinu | Max Helfman (1901-1963) | | |
| 102 | וְשָׁמְרוּ | V'shamru | Spanish Melody* | | |
| 104 | חֲצִי קַדִּישׁ | Chatsi Kaddish | Nusach | | |
| 106 | <u>ְעַ</u> מִידָה | Shabbat Amidah | | | |
| 114 | וְעֵל כָּלָם | Ve'al Kulam | Meir Finkelstein (Born 1951)* | | |
| 118 | עשה שלום | Oseh Shalom | Yoel Sykes (Born 1986)* | | |
| 130 | תְפִּלֶּה לִרְפוּאָה | Prayer for Healing | | | |
| Program | תְּפִּלֶּה לַמְּדִינְה | Prayer for Our Country | | | |
| 138 | קַדִּישׁ שָּׁלֵם | Kaddish Shalem | Nusach | | |

DRASHAH: RABBI YAEL WERBER

סיים התפלה - CONCLUDING PRAYERS

| 140 | עַלֵינוּ | Aleinu | Salomon Sulzer (1804-1890)* |
|-----|---------------------|-----------------------|-------------------------------|
| 150 | קַדִּישׁ יָתוֹם | Mourner's Kaddish | |
| | | ANNOUNCEME | NTS |
| 156 | קִירוש & הַמּוֹצִיא | Kiddush & Motzi | Louis Lewandowski (1821-1894) |
| | : | *Arranged by Joyce Ro | osenzweig |

COMPOSER FEATURE

Meir Finkelstein (born 1951) was born in Israel and immigrated with his family to England when he was four years old after his father, Cantor Zvi Finkelstein, accepted a position at one of London's premier congregations. At 14, Finkelstein became the youngest cantor in Europe, taking his first professional post at the synagogue in Glasgow, Scotland. He studied at the Royal College of Music and graduated with honors, receiving his ARCM diploma in singing, piano, and composition. In 1974 he immigrated to the United States, and in 1978 moved to Los Angeles, where he served as cantor at Sinai Temple in Westwood for 18 years. He has composed more than 200 settings for the liturgy including "Sim Shalom" and "L'dor Vador," which are cherished melodies of the CBST High Holy Days.



A Prayer for This Time

Avinu Shebashamayim, our loving Guardian in Heaven, our Rock and Redeemer, bless and protect the land of Israel and all who dwell within it. We are grateful for the homecoming of each living hostage from Gaza and for the return of the remains of those who are not coming home alive. We pray for the dignified burial of all who remain and for redemptive healing for all those who have been released, for their families and communities.

We pray that the great suffering in Gaza comes to an end with food and drink, shelter and medicine, comfort and love. From Tel Aviv to Ramallah to Gaza City, may there be no more death and may all families be reunited. May God give strength, courage, and resilience to all who work for justice, equality, and peace, and may there be safety, self-determination, and hope for all Israelis and Palestinians *b'karov uv yameinu*, speedily in our days, and we say: amen.

CBST VOTES!

The New York City mayoral election is this Tuesday, and early voting is open! Do you have a plan to vote? Find your polling place and hours at findmypollsite.vote.nyc, take a look at the ballot, and make a plan to vote during early voting hours this weekend or on Election Day.

We know that this election season has been particularly contentious, which impacts everyone differently. Your clergy team is here for you if you want to reflect today or beyond the election.

PRAYER for OUR COUNTRY Rabbi Ayelet S. Cohen

Our God and God of our ancestors, bless this country and all who dwell within it. Help us to experience the blessings of our lives and circumstances.

To be vigilant, compassionate, and brave.

Strengthen us when we are afraid,

Help us to channel our anger, so that it motivates us to action.

Help us to feel our fear, so that we do not become numb.

Help us to be generous with others, so that we raise each

other up.

Help us to be humble in our fear, knowing that as vulnerable as we feel. there are those at greater risk, and that it is our holy work to stand with them. Help us to taste the sweetness of liberty. To not take for granted the freedoms won in generations past or in recent days. To heal and nourish our democracy, that it may be like a tree planted by the water whose roots reach down to the stream; it need not fear drought when it comes.

its leaves are always green (Jeremiah 17:8).

Source of all Life,

Guide our leaders with righteousness Strengthen their hearts, but keep them from hardening. That they may use their influence and authority to speak truth and act for justice (Isaiah 16:3-5). May all who dwell in this country share in its bounty, enjoy its freedoms, and be protected by its laws. May this nation use its power and wealth to be a voice for justice, peace, and equality for all who dwell on earth.

May we be strong and have courage To be bold in our action and deep in our compassion,

To discern when we must listen and when we must act.

To uproot bigotry, intolerance, misogyny, racism, discrimination, and violence in all its forms,

To celebrate the many faces of God reflected in the wondrous diversity of humanity.

To welcome the stranger and the immigrant

and to honor the gifts of those who seek refuge and possibility here, as they have since before this nation was born.

Let justice well up like waters, and righteousness

like a mighty stream (Amos 5:24)

א-לוהינו וא-לוהי אבותנו ואמותינו. ברך את ארצנו ואת כל היושבות והיושבים בה

יחד לבבנו להודות לך על חיינו ועל הזמן הזה

להיות דרוכות, אמיצים, ומלאי חמלה.

חזקנו וחזק ידנו כאשר אנו אחוזים בפחד סייע בידינו לנתב את כעסנו לידי מעשה

חזק לבבנו לחוש את מלוא הפחד שלנו

כדי שלא נהפוד לאדישות

. זו את זו להשפיט נדיבות על אחרים כדי שנרים זה את זו סייע לנו להיות צנועות בפחד, כדי שנדע כי גם כשאנו

מרגישים פגיעות, יש אחרות, הנמצאות בסיכון גבוה אף יותר,

זוהי חובתנו הקדושה להיות שמו.

ברכנו בטעם המתוק של החופש

כדי שנשכיל להעריד את החופש לו זכינו בדורות קודמים

לרפא ולחזק את הדמוקרטיה שלנו שתהיה כעץ שתול על-מים, ועל-יובל ישלח שרשיו, ולא יראה כי-יבא חם, והיה עלהו רענן; (ירמיהו יו, ח)

שְׁכִינָה, אֱם כָּל חֵי,

שלחי אורך ואמתך למנהיגנו חזקי לבבותיהם שלא יתקשו

שישתמשו בכוחן כדי לדבר אמת ולפעול בצדק (ישעיהו

מי יתן וכל יושבי הארץ יחלקו בעושרה, ישגשגו בחופש

שתציע, ויהיו מוגנים בחוקיה

מי יתן ואומה זו תשתמש בכוחה ובעושרה על מנת לקדם צדק, חופש ושלום לכל יושבי תבל

מי יתז ונהיה חזקות ואמיצים

מי יתן ונהיה נועזים במעשי ידנו ועמוקות בחמלה שבלבנו

שנבחיז מתי עלינו להקשיב ומתי עלינו לפעול

לעקור שנאה, גזענות, שוביניזם, אפליה, אלימות בכל צורה, לחגוג את צלם אלוהים בפנים שונות המשתקפות בכל המגוון

לקבל את הזר ואת המהגרת, ולכבד את המתנות שמביא כל מי שמבקשת מקלט והזדמנות בארץ זו, כפי שהיה מאז לפני שאומה זו נולדה

וְיַגַּל כַּמֵים, מִשְׁבַּט; וּצְדַקָה, כְּנַחֵל אֵיתֵן

(עמוס ה:כד).

Hebrew by Rabbi Noa Sattath

REFUAH SHLEIMAH – HEALING PRAYERS

Eric Arellano Edith Golub Melody Braswell Robert Fink Theresa Brown Pam Kantor Ora Chaikin Sharon Pollack Chaya Bluma bat Ruchl Zisl Ira Rosenblum **Terry Cramer** Richard Sacher Colonel Ken Denman Linda Solomon Tanva Domi Shep Wahnon

Irene Dunkel Rivera Yechiel Fishel ben Miriam

This list is for those with acute illness. Any person may submit one name for one-month inclusion. We only print names of people who have given consent. You may say any name aloud during the healing prayer. If you or a CBST member you know is ill and would like support, contact info@cbst.org. We are here for you.

YORTZEITS 10 CHESHVAN TO 16 CHESHVAN 5786

Members memorialized on the Wine Family Sanctuary Memorial Wall

Ira Berger Vivian Folkenflik Steven Biller Dvorah Stoll

Family & Friends memorialized on the Kuriel Chapel Memorial Wall

Celia Altman Yitzak Rabin Felice Gaer Baran Abe Rosenzweig Jerry Fliegenspan Rose Sachs Gladys Gershon Herman Siegel Eve Greenberg Fanny Tutelman Rex Wasserman Chozen Kameva Helene Kerman May Weinberg Max 7inderman Sara Nogueira

May the Holy One comfort all who mourn.

SPONSORSHIPS

TONIGHT'S LIVESTREAM

Underwritten by

Alton Bader, who has generously and consistently supported CBST's Livestream.

Sponsored by

Jay Fischer and Michael Lehrman, who generously support CBST's Livestream.

Laurie Siegel, in memory of my sister Bette, *z"I*, on the occasion of her first yortzeit. Bette, you were my guiding light and I will miss you always.

Supported by

Liz Cooper, in memory of Cris Moldow, *z"I*, who continues to be very missed by her many friends and loved ones. Wish you were here.

Linda Solomon and Bonnie Siegel are pleased to support tonight's livestream!

TONIGHT'S ONEG

Supported by

Laurie Siegel, in memory of Denise Herron, *z"I*, my friend at NYC Transit, who died on October 24. Thank you, Denise, for the laughs and all the memories of the West 4th St.

Joyful. Spiritual. Proud.

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info@cbst.org cbst.org

