

# SHABBAT PROGRAM

July 25-26, 2025 / 1 Av 5785  
Parshat Matot-Masei - Shabbat Rosh Chodesh Av



Service Leader & Drashah  
**Rabbi Jason Klein**



Ba'alat Tefillah  
**Rabbi Marisa James**

אלה מסעי בני-ישראל אשר יצאו מארץ מצרים לצבאתם ביד-משה ואהרן.

These are the journeys of the Israelites who started out from the land of Egypt, troop by troop, in the charge of Moses and Aaron. (Numbers 33:1)

Rabbi Jason Klein, SENIOR RABBI  
Rabbi Yael Werber, ASSOCIATE RABBI  
Cantor Sam Rosen  
Rabbi Marisa Elana James, DIRECTOR OF SOCIAL JUSTICE PROGRAMMING  
Joyce Rosenzweig, MUSIC DIRECTOR  
Ivan Zimmerman, PRESIDENT  
Rabbi Sharon Kleinbaum, SENIOR RABBI EMERITA

# WELCOME TO CBST! SHABBAT SHALOM!

Shabbat shalom and welcome to CBST. Since our congregation's inception in 1973, the cornerstone of CBST community life is our presence with one another in joyful communal prayer, words of Torah, and conversation as we welcome Shabbat each Friday evening. Whether you are a newcomer tonight or have been a member of CBST for decades, my desire is that everyone present here both enriches and is enriched by the community. Times of great uncertainty reinforce Jewish tradition's call to set aside many of the tasks of ordinary life as the Friday sun goes down each week and be more present with ourselves, with loved ones, and with the community. Setting aside a full day to stop and rest allows us to reenter the world each week filled with purpose, resilience, and love. May we each as individuals and as a community, in the words of our Senior Rabbi Emerita, Rabbi Sharon Kleinbaum, be the reason people have faith in the goodness of others.

—*Rabbi Jason Klein*

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**Thanks to:** Jason Zivic & Better Events Sound Technicians · Shabbat Donors  
Livestream Chat, Sharon Golub · Jorge Loyola and the whole facilities staff  
Welcoming Ushers and the Hospitality Team · CBST Staff · Security

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## CBST WELCOMES OUR HEBREW-SPEAKING GUESTS

ברוכים וברוכות הבאים לקהילת בית שמחת תורה! קהילת בית שמחת תורה מקיימת קשר רב שנים ועמוק עם ישראל, עם הבית הפתוח בירושלים לגאווה ולסובלנות ועם הקהילה הגאה בישראל. אנחנו מזמינים אתכם/ן לגלות יהדות ליבראלית גם בישראל! מצאו את המידע על קהילות רפורמיות המזמינות אתכם/ן לחגוג את סיפור החיים שלכן/ם בפלאיירים בכניסה. לפרטים נוספים ניתן לפנות לרב נועה סתת: [noa.sattath@acri.org.il](mailto:noa.sattath@acri.org.il)

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**Use of mobile phones and other devices with lighted screens in the sanctuary is distracting to those who come to pray. If you need to check your device, please step outside to do so. Photography and video are permitted only to those who have been given permission in advance of the service. Anyone who uses one of these devices in the sanctuary without prior permission will be asked to leave.**

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At CBST, we aim to protect each other, to spread accurate practical information, and to take special care to keep our clergy and staff safe.

CBST's Science and Medical Team asks that we rededicate to the practices that have served our community:

- If you have, or have recently recovered from, respiratory symptoms, please do not attend in-person events. All services will be livestreamed and we will look forward to welcoming you back soon!
- Consider wearing a mask, especially while moving through congested areas.
- Please respect personal space by not automatically moving to embrace others.
- Keep up to date on vaccinations for Flu and COVID.
- If you are at risk for m-pox, consider reaching out to your healthcare provider to discuss vaccination.
- Sincere thanks and wishing health and joy to all!

**JULY 25, 2025 / 1 AV 5785**  
**PARSHAT MATOT-MASEI – ROSH CHODESH AV**

**הַכְנַת הַלֵּב - OPENING PRAYERS AND MEDITATIONS**

|         |  |                  |                                 |
|---------|--|------------------|---------------------------------|
| 31      | שַׁבַּת הַמַּלְכָּה                              | Shabbat Hamalkah | Pinchas Minkowsky (1859-1924)   |
| 38      | הַדְּלָקַת נֵרוֹת שָׁל שַׁבַּת                   | Candle Blessing  | Abraham Wolf Binder (1895-1967) |
| 40      | שְׁלוֹם אֵלֵיכֶם                                 | Shalom Aleichem  | Israel Goldfarb (1879-1956)     |
| Program | Prayer for the Release of Hostages and for Peace |                  |                                 |

**קַבְלַת שַׁבַּת - KABBALAT SHABBAT / WELCOMING SHABBAT**

|    |                             |                                    |   |
|----|-----------------------------|------------------------------------|---|
| 52 | לָכֵן נִרְנְנָה (תהלים צה)  | L'chu N'ran'nah (Psalm 95)         | Sephardic   |
| 58 | זָמְרוּ לַה' (תהלים צח)     | Zamru l'Adonai b'Chinor (Psalm 98) | Suki Berry  |
| 62 | מִזְמוֹר לְדָוִד (תהלים כט) | Mizmor L'David (Psalm 29)          | Yiddish Melody (Shnirele Perele)                  |
| 66 | לָכָה דוּדִי                | L'chah Dodi (Shlomo Alkabetz)      | Eli Tziyon melody<br>Kol HaNeshama                |
| 72 | מִזְמוֹר שִׁיר (תהלים צב)   | Mizmor Shir (Psalm 92)             | Kayla Dinis & Beit T'filah Yisraeli<br>(Tel Aviv) |

**מַעְרִיב - MA'ARIV / THE EVENING SERVICE**

|         |                       |                        |                                   |
|---------|-----------------------|------------------------|-----------------------------------|
| 78      | בָּרְכוּ              | Bar'chu                | Nusach                            |
| 80      | הַמַּעְרִיב עֲרֵבִים  | Hama'ariv Aravim       | Nusach                            |
| 86      | אַהֲבַת עוֹלָם        | Ahavat Olam            | Debbie Friedman (1951-2011)       |
| 88      | שִׁמְעַי יִשְׂרָאֵל   | Sh'ma Yisrael          | Salomon Sulzer (1804-1890)        |
| 89      | וְאַהֲבַת             | V'ahavta               | Trope                             |
| 94      | מִי כַמּוֹחַ          | Mi Chamochah           | Hannah Tiferet Siegel (Born 1948) |
| 98      | הַשְּׂכִיבֵנוּ        | Hashkiveinu            | Moditz Chassidim                  |
| 102     | וְשִׁמְרוּ            | V'shamru               | South African                     |
| 104     | חֲצִי קָדִישׁ         | Chatsi Kaddish         | Nusach                            |
| 106     | עֲמִידָה              | Shabbat Amidah         |                                   |
|         |                       | Brokenhearted          | Shir Meira Feit (Born 1978)       |
| 118     | עֵשֶׂה שְׁלוֹם        | Oseh Shalom            | Nurit Hirsch (Born 1942)          |
| 130     | תְּפִלָּה לְרִפּוּאָה | Prayer for Healing     |                                   |
| Program | תְּפִלָּה לְמַדִּינָה | Prayer for Our Country |                                   |
| 138     | קָדִישׁ שָׁלֵם        | Kaddish Shalem         | Nusach                            |

**פְּרָקֵי הַלֵּל - SELECTIONS FROM HALLEL**

|     |                                      |                              |                              |
|-----|--------------------------------------|------------------------------|------------------------------|
| 166 | עֲזִי וְזִמְרַת יְ-ה                 | Ozi V'zimrat Yah (Psalm 118) | Shefa Gold (Born 1955)       |
| 168 | (תהלים קיח) פִּתְחוּ לִי (תהלים קיח) | Pitchu Li (Psalm 118)        | Shlomo Carlebach (1925-1994) |

## DRASHAH: RABBI JASON KLEIN

### CONCLUDING PRAYERS - סיום התפילה

|     |                |                   |                            |
|-----|----------------|-------------------|----------------------------|
| 140 | עֲלֵינוּ       | Aleinu            | Salomon Sulzer (1804-1890) |
| 150 | קְדִישׁ יְתוֹם | Mourner's Kaddish |                            |

### ANNOUNCEMENTS

|     |                |                  |                               |
|-----|----------------|------------------|-------------------------------|
| 156 | קידוש & המוציא | Kiddush & Motzi  | Louis Lewandowski (1821-1894) |
|     |                | Baby Bird Niggun | Aly Halpert (Born 1991)       |

### COMPOSER FEATURE

The melody of “Eli Tziyon,” a lament for the 9th of Av, is the traditional Ashkenazic leitmotif for the three-week mourning period bounded by the 17th of Tamuz and the 9th of Av. While scholars debate the exact origins of this melody, **Eric Werner** (1901-1988) claimed that a hymn to St. James of Santiago de Compostela, found in the famous Codex Calixtinus of Santiago (Spain, approximately 12th century), contains the nuclear cell of what is now known as “Eli Tziyon.” The melody became a pilgrims’ song and traveled around Europe. Similar melodies can be found in medieval folk songs of Spain, England, Germany, and the Czech Republic. One of the traditional “Mi-Sinai tunes” this melody can be found (with some local variation) in virtually all Ashkenazic communities. Though it is difficult to be certain, the melody has probably been part of Ashkenazic tradition since the 16th century.

### Brokenhearted

#### By Shir Meira Feit

Hebrew text: Psalm 147; English translation/interpretation: Shir Meira Feit

|                                     |                             |
|-------------------------------------|-----------------------------|
| <i>Ha-ro-fei lish·vu·rei lev</i>    | הַרְפֵּא לְשִׁבוּרֵי לֵב    |
| <i>Um·cha·besh le·'atz·vo·tam</i>   | וּמַחְבֵּשׁ לְעֲצָבוֹתָם:   |
| <i>Mo·neh mis·par la·ko·cha·vim</i> | מוֹנֶה מִסְפָּר לְכוֹכָבִים |
| <i>Le·chu·lam she·mot yik·ra</i>    | לְכֹלֶם שְׁמוֹת יִקְרָא:    |

Healer of the broken-hearted  
Binder of their wounds  
Counter of uncountable stars  
You know where they are

Healer of the broken-hearted  
Binder of our wounds  
Counter of uncountable stars  
You know who we are

*Halleluyah*

הַלְלוּ יְיָ

## Hostages Still Held by Hamas: The Names and Ages of Those Abducted from Israel

|                                       |                                   |                                       |
|---------------------------------------|-----------------------------------|---------------------------------------|
| <i>Tamir Adar, z"l</i> (38)           | <i>Ronen Engel, z"l</i> (55)      | <i>Joshua Loitu Mollel, z"l</i> (21)  |
| Matan Angrest (22)                    | Guy Gilboa-Dalal (23)             | Eitan Mor (24)                        |
| <i>Mohammed Alatrash, z"l</i><br>(40) | <i>Meni Godard, z"l</i> (73)      | <i>Omer Neutra, z"l</i> (23)          |
| <i>Sahar Baruch, z"l</i> (25)         | <i>Hadar Goldin, z"l</i> (23)     | Tamir Nimrodi (20)                    |
| <i>Uriel Baruch, z"l</i> (35)         | <i>Ran Gvili, z"l</i> (24)        | <i>Sonthaya Oakkharasri, z"l</i> (31) |
| Gali Berman (27)                      | <i>Inbar Haiman, z"l</i> (27)     | Yosef Chaim Ohana (26)                |
| Ziv Berman (27)                       | <i>Tal Haimi, z"l</i> (42)        | Alon Ohel (23)                        |
| Elkana Bohbot (35)                    | <i>Asaf Hamami, z"l</i> (40)      | Avinathan Or (31)                     |
| Rom Braslavski (20)                   | Maxim Herkin (36)                 | <i>Dror Or, z"l</i> (48)              |
| <i>Itai Chen, z"l</i> (19)            | Eitan Horn (38)                   | <i>Daniel Perez, z"l</i> (22)         |
| Nimrod Cohen (20)                     | <i>Guy Iluz, z"l</i> (26)         | <i>Sudthisak Rinthalak z"l</i>        |
| <i>Amiram Cooper, z"l</i> (84)        | Bipin Joshi (24)                  | <i>Lior Rudaeff, z"l</i> (61)         |
| Ariel Cunio (27)                      | Segev Kalfon (26)                 | <i>Yossi Sharabi, z"l</i> (51)        |
| David Cunio (34)                      | Bar Kuperstein (22)               | <i>Idan Shtivi, z"l</i> (29)          |
| <i>Oz Daniel, z"l</i> (19)            | <i>Eitan Levy, z"l</i> (53)       | <i>Ilan Weiss, z"l</i> (56)           |
| Evyatar David (24)                    | <i>Eliyahu Margalit, z"l</i> (75) | <i>Arye Zalmanovich, z"l</i> (86)     |
|                                       | Omri Miran (47)                   | Matan Zangauker (25)                  |

***z"l: Zichronam Livracha, זְכוֹרֵנָם לְבִרְכָּה – May their memories be for a blessing.***

This list of hostages is as accurate as possible based on public information as of July 17, 2025, but there is no single complete list, as there are still people missing and bodies still being identified.

### Prayer for the Return of the Hostages and for Peace

*Avinu Shebashamayim*, our loving Guardian in Heaven, our Rock and Redeemer, bless and protect the land of Israel and all who dwell within it. We urgently pray that those held hostage in Gaza will return home to their loved ones, and we pray for ongoing healing for those who have been released. We pray that those suffering in Gaza, civilians hungry and in need of healing, will return home to build and live in healthy communities.

We pray to see the day when Israelis and Palestinians – Jews and Christians and Muslims – will dwell under their fig trees and grapevines, whether in Tel Aviv, in Ramallah, or in Gaza City, and no one will make them afraid. May there be no more death, no more senseless loss, for Israelis or Palestinians. May there be safety, justice, self-determination, hope, and a healthy future for all, *b'karov u'v'yameinu*, speedily and in our days. And let us say amen.

### Central Park Run/Walk for Hostages, 10:00am at Central Park West and 90th Street.

Every Sunday, Run for Their Lives—founded by The Hostages and Missing Families Forum NY.

### Union Square Vigil for Ceasefire and Hostage Deal, 5:00pm in Union Square Park

A weekly one-hour vigil calling for a bilateral ceasefire and full hostage return. Hosted by Israeli Peace Activists in NYC at the statue of George Washington.

## PRAYER for OUR COUNTRY Rabbi Ayelet S. Cohen

Our God and God of our ancestors,  
bless this country and all who dwell within it.  
Help us to experience the blessings of our lives and  
circumstances,  
To be vigilant, compassionate, and brave.  
Strengthen us when we are afraid,  
Help us to channel our anger, so that it motivates us to  
action.  
Help us to feel our fear, so that we do not become  
numb.  
Help us to be generous with others, so that we raise each  
other up.  
Help us to be humble in our fear,  
knowing that as vulnerable as we feel,  
there are those at greater risk, and  
that it is our holy work to stand with them.  
Help us to taste the sweetness of liberty,  
To not take for granted the freedoms won  
in generations past or in recent days.  
To heal and nourish our democracy,  
that it may be like a tree planted by the water  
whose roots reach down to the stream;  
it need not fear drought when it comes,  
its leaves are always green (Jeremiah 17:8).

Source of all Life,  
Guide our leaders with righteousness  
Strengthen their hearts, but keep them from hardening.  
That they may use their influence and authority to  
speak truth and act for justice (Isaiah 16:3-5).  
May all who dwell in this country  
share in its bounty, enjoy its freedoms,  
and be protected by its laws.  
May this nation use its power and wealth  
to be a voice for justice,  
peace, and equality for all who dwell on earth.  
May we be strong and have courage  
To be bold in our action and deep in our compassion,  
To discern when we must listen and when we must act,  
To uproot bigotry, intolerance, misogyny, racism,  
discrimination, and violence in all its forms,  
To celebrate the many faces of God reflected  
in the wondrous diversity of humanity,  
To welcome the stranger and the immigrant  
and to honor the gifts of those who seek refuge  
and possibility here, as they have since  
before this nation was born.  
Let justice well up like waters, and righteousness  
like a mighty stream (Amos 5:24)

א-לוהינו וא-לוהי אבותנו ואמותינו. ברך את ארצנו ואת כל  
היושבות והיושבים בה  
יחד לבבנו להודות לך על חיינו ועל הזמן הזה  
להיות דרוכות, אמיצים, ומלאי חמלה.  
חזקנו וחזק ידנו כאשר אנו אחווים בפחד  
סייע בידנו לנתב את כעסנו לידי מעשה  
חזק לבבנו לחוש את מלוא הפחד שלנו  
כדי שלא נהפוך לאדישות  
סייע לנו להשפיע נדיבות על אחרים כדי שנרים זה את זה .  
סייע לנו להיות צנועות בפחד, כדי שנדע כי גם כשאנו  
מרגישים פגיעות, יש אחרות, הנמצאות בסיכון גבוה אף יותר,  
והי חובתנו הקדושה להיות עמן.  
ברכנו בטעם המתוק של החופש  
כדי שנשכיל להעריך את החופש לו זכינו בדורות קודמים  
ובעת הזו  
לרפא ולחזק את הדמוקרטיה שלנו שתהיה כְּעֵץ שְׁתוּל עַל-  
מִים, וְעַל-יִבְלָל יִשְׁלַח שָׁרָשָׁיו, וְלֹא יִרָאָה כִּי-יָבֵא חֹם, וְהָיָה  
עֲלֶיהָ רֵעָן; (ירמיהו יז, ח)

נְשַׁכְנֶיהָ, אִם כָּל חַי,  
שְׁלַח אֹרֶךְ וְאִמְתָּךְ לִמְנַהֲיָנוּ  
חֲזִקֵינוּ לְבִבְתֵּיהֶם שֶׁלֹא יִתְקַשּׁוּ  
שִׁישְׁתַּמְשׁוּ בְּכֹחַן כְּדֵי לְדַבֵּר אֶת וּלְפַעוֹל בְּצַדֵּק (ישעיהו  
טז:ג-ה).  
מִי יִתֵּן וְכָל יוֹשְׁבֵי הָאָרֶץ יִחְלְקוּ בְּעוֹשֶׁרָהּ, יִשְׁגְּשְׁגוּ בַּחֹפֶשׁ  
שֶׁתַּצִּיעַ, וְיִהְיוּ מוֹגִינִים בַּחֻקִּיהָ  
מִי יִתֵּן וְאוֹמֶה זֶה שֶׁתַּשְׁמֵשׁ בְּכֹחָהּ וּבְעוֹשֶׁרָהּ עַל מִנַּת לִקְדֵם  
צֶדֶק, חוֹפֶשׁ וְשָׁלוֹם לְכָל יוֹשְׁבֵי תֵּבֶל  
מִי יִתֵּן וְנִהְיָה חֲזִקוֹת וְאִמְצִיִּים  
מִי יִתֵּן וְנִהְיָה נֹעִיִּים בְּמַעֲשֵׂי יְדֵנוּ וְעִמּוּקוֹת בַּחֲמֵלָה שֶׁבִּלְבָנוּ  
שֶׁנִּבְחַן מִתִּי עֲלֵינוּ לְהַקְשִׁיב וּמִתִּי עֲלֵינוּ לְפַעוֹל  
לְעִקּוֹר שְׁנֵאָה, גִּזְעוֹנוֹת, שׁוֹבִינִיזְם, אִפְלִיָּה, אֱלִימוֹת בְּכָל צוּרָה,  
לְחַגּוֹג אֶת צֶלֶם אֱלֹהִים בַּפָּנִים שׁוֹנוֹת הַמִּשְׁתַּקְפּוֹת בְּכָל הַמְּגוּזָן  
הָאֲנוּשִׁי  
לְקַבֵּל אֶת הַזֶּר וְאֶת הַמְּהַגֵּרָת, וּלְכַבֵּד אֶת הַמִּתְנַנוֹת שֶׁמִּבִּיא כָּל  
מִי שֶׁמִּבְקֶשֶׁת מִקְלָט וְהוֹדְמָנוֹת בָּאָרֶץ זֶה, כְּפִי שֶׁהִיא מֵאָז לִפְנֵי  
שְׁאוּמָה זֶה נִוְלַדָּה  
וְיִגְלַל כְּפִימֵם, מִשְׁפָּט; וְצִדְקָהּ, כְּנִחָל אֵיתָן  
(עמוס ה:כד).

Hebrew by Rabbi Noa Sattath

## REFUAH SHLEIMAH – HEALING PRAYERS

Robert Allen  
Tanya Domi  
Gudrun Bat Ella  
Harriet Geller  
Lee Langbaum  
Ada Leung  
Mazal Bat Margalit

Phil Reed  
Richard Sacher  
Josh Siegel  
Linda Solomon  
Meryl Soloway  
Shep Wahnnon  
Stanley Wilson

This list is for those with acute illness. Any person may submit one name for one-month inclusion. We only print names of people who have given consent. You may say any name aloud during the healing prayer. If you or a CBST member you know is ill and would like support, contact [info@cbst.org](mailto:info@cbst.org). We are here for you.

## YORTZEITS 1 TO 7 AV 5785

**Members** memorialized on the Wine Family Sanctuary Memorial Wall

Joel Baum  
Gilbert Miller  
Trix (Trudy) Rosen  
Sydney Rosenberg  
Esther Rosenbloom

Jonathan Sand  
David Segroe  
Paul Severino  
Reva Solomon  
Joel Yoskowitz

**Family & Friends** memorialized on the Kuriel Chapel Memorial Wall

Ellen Adler  
Morgan Dennison  
Peter Dennison  
Rosalind Dicker  
Beatrice Edelson  
Ralph Goldblatt  
Gertrude Goldstein  
Morris Greenberg  
Neil Guralnick  
Morris Heldeman

Ben Joseph  
Shirley Katz  
J. La Vista  
Jacob Matcovsky  
Jeanne Otter  
Ann Passman  
Harvey Robbins  
Judith Rosen  
Nathan Rosen

***The CBST community extends condolences to mourners among us:***

CBST member Matthew Gore, on the loss of his aunt, Claude Clancy, z"l, who died on July 21 / 25 Tamuz.

**May the Holy One comfort all who mourn.**

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**Alton Bader**, who has generously and consistently supported CBST's Livestream.

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**Jay Fischer and Michael Lehrman** who generously support CBST's Livestream.


**Bonnie Siegel**, in honor of **Linda Solomon** on the occasion of the 34th anniversary of our first date (tonight) and on her birthday (Monday). May we continue to celebrate life together!

### TONIGHT'S ONEG

#### Supported by

**Sara and Ana Paola Ampudia** in loving memory of our daughter, **Aviva Ampudia, z"l**, on her first yortzeit. With gratitude to the CBST community for your holding this year.


**Amanda Seigel** in memory of my beloved mother, **Jaclyn (Jackie) Sulman Seigel, z"l**, on her 7th yortzeit.



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