


FRIDAY, APRIL 25, 2025

TIME	ACTIVITY	WHERE AND NOTES
3:00–5:00 pm	Welcome / Check-in / Snacks Postcard Writing / Feedback Wall	Fireplace Room Write a Postcard! Share your Feedback!
4:00-5:00 pm	<ul style="list-style-type: none"> • Sharing Retreat Memories • Take a selfie, write something with RYW & SA • Make a Besamim Pouch! 	Fireplace Room
5:00 pm	Shabbat candles will be provided for all who choose to light	Lounge 
5:15-7:00 pm	Welcome: Kabbalat Shabbat and Welcome with RJK, RYW, CSR, & JR	Synagogue All Ages! Post B* Mitzvah participants are expected to attend. Please wear your white shirt.
7:15-8:45 pm	Shabbat Dinner	Dining Hall
9:00-10:00 pm	Night Hike for all ages with JK & CRR AKK <i>(If it is raining, join the general hangout in the lounge)</i>	Meet outside, in front of the Lounge (dress appropriately; flashlights not required)
Option 1		
Option 2	Spirituality of Broadway Musicals* with CRR MH	Beige Yurt <i>*Please note that a computer will be in use for this session</i>
Option 3	Restorative Yoga with Hilary Nudell	Red Yurt
Option 4	Cookie decorating with RMJ & SA	Fireplace Room
Option 5	General Hangout	Lounge - Board games, PUZZLES, etc.
10:00-11:00 pm	Friday Night Tish: Jewish music sing-along CSR & JR	Lounge

SATURDAY, APRIL 26, 2025

TIME	ACTIVITY	WHERE AND NOTES
7:00 am	Optional early morning cold breakfast	Dining Room Hallway
8:15-10:00 am	Breakfast	Dining Hall
8:30-9:30 am	Morning Mishnah with RMM	Dining Hall
9:00-9:55 am	Retreat Choir Rehearsal #1 with JR and CSR - <i>Have you ever wanted to experience being part of the CBST chorus but didn't have a chance to do so? Now's your chance!</i>	Synagogue All are welcome: Kids / Teens may attend without a grownup
8:30-10:00 am	Board and RJK (Grab breakfast to go)	Beige Yurt
10:00 am-12:00 pm	Liberal Minyan Shabbat Morning Service, with CRRI MH; CSR, and D'var Torah CRRI AKK	Outdoors on the Patio (weather permitting) & Synagogue
10:00-11:00 am	Outdoor Intern Session - CRRI AKK on Hitbodedut (Praying in Nature)	Sun Room
11:00 am-12:00 pm	GOATS! 🐐 with I.F. Staff!	Meet outside of the Fireplace Room
12:00-1:15 pm	Shabbat Lunch with New Friends	Dining Room: Your table assignment is on the back of your nametag! (Teens w/RJK!)
1:30-3:00 pm	To Sasson and Simcha and Beyond with Rabbi Jason Klein and the CBST Clergy	Fireplace Room Whole Community - ALL Ages!
To Sasson & Simcha and Beyond!		
Just as Hebrew has many words to express joy and happiness, the cycles of our holidays, our prayers, of our lives lift up joy as a barometer for sanctifying time, acknowledging growth and marking change. This afternoon, Rabbi Klein will lead our clergy in a conversation about our favorite teachings and practices about joy and how joy can keep us whole and connected.		
	Ongoing Arts and Crafts Projects with SA and guests	Arts & Crafts Hut
3:00-6:00 pm	Boating – Lifejackets are required for all ages <i>If it's raining, no boating or swimming will take place</i>	Dock 12 and under MUST be with a grownup. No LIFEGUARD - use of the lake at your own risk.
3:15-4:15 pm		Meet outside Lounge All are welcome- Kids / Teens may attend solo
Option 1	Mountain Hike for All Ages, with JK	

SATURDAY, APRIL 26, 2025, CONT'D...

TIME	ACTIVITY	WHERE AND NOTES
Option 2	Retreat Choir Rehearsal #2 with JR & CSR	Synagogue All are welcome
Option 3	RMM Session - Joy as Hopeful Resistance	Sun Room
Option 4	Visible Mending Workshop with AL	Fireplace Room
4:15-4:45 pm	Afternoon Free Time (nap, board games, meet new friends...)	
4:45-6:15 pm	Kickball Game and Cocktail / Mocktail Hour*** ***If rained out, Indoor Activity in the Fireplace Room!	FIELD: Bring Equipment, alcoholic & non-alcoholic beverages, & snacks to share! All are welcome: Children 12 and under may attend with their grownup. 5 tables will be set aside to join in focused conversations:
6:15-7:15 pm		<ul style="list-style-type: none"> • Theatre and Music Lovers • Politics At the Table • Parents • Sandwich Generation • ALEINU w/RYW
	Dinner / Dessert (Seudah Shlishit)	
7:15 pm ONWARD	Board games, general hangout	Fireplace Room
7:30-8:45 pm	Sing down! With RYW, RJK, Interns, and ALL!	Lounge
8:45 pm & Onward	Havdalah (8:29 pm) Medurah (Campfire), + Singing, Drumming, and S'mores! with RSK, RYW	Outside behind the Synagogue, at the Camp Fire site All are welcome!
9:15-10:15 pm	Mocktail / Cocktail session with CSR	Lounge
9:45 pm-12:00 am	Board games, conversation, campfire, etc.	Fireplace Room
9:45-11:45 pm	Screening of Movie - Goonies	Sun Room
9:45 pm	POKER TOURNAMENT – 50 / 50 Split with YOU and CBST's Scholarship Fund! (\$20 buy-in to play) **	Lounge

SUNDAY, APRIL 27, 2025

TIME	ACTIVITY	WHERE AND NOTES
7:00 am	Optional early morning cold breakfast	Outside the dining area
7:30 am	All-Ages Morning Run with Ernie Gremillion	Meet outside of the Dining Hall
8:00 am	12-Step Meeting	Beige Yurt All are welcome, this is a confidential space
8:00-10:00 am	CHECK OUT OF ROOMS Kindly strip your beds & put all dirty linen and towels into pillowcases. Please fold your blankets and leave them on your bed. Before you leave, remember to check your room for any lost and found items.	
9:00-9:55 am	Final Chorus rehearsal #3	Synagogue
8:30-10:00 am	Breakfast	Dining Hall
CHECK OUT LAST CALL - ALL ROOMS MUST BE CLEAR BY 10:00 AM**		
10:00-11:00 am	Salsa with RMJ Learning session with Rabba Wendy Anslem	Fireplace Room Gazebo, if nice out, or Teen Lounge
11:15 am-12:00 pm	Chorus Performance, T'filat HaDerech (Blessings for the Road), and Group Picture	Synagogue, then Patio by the Gazebo (If raining, then inside)
12:00-1:00 pm	Lunch and Farewell	Dining Room (Please return your plastic name tag holder to be used again next year – thank you!)
1:15 pm	Shuttle Leaves for Wassaic	For those registered – outside the dining room.
2:30 pm (ISH)	Red Rooster meet-up	Red Rooster Drive-in www.redroosterdrivein.com

Back by Popular Demand for 2025! Poker Tournament!

Naomi Blakeman and Shelli Aderman will be hosting a 50-50 split Poker Tournament Motzei Shabbat, beginning post-Havdalah, approximately at 9:45 pm, Saturday night!

What is this, you ask? If you wish to play, there is a \$20 buy-in for chips, and we'll play basic Texas Hold'em. There will be a maximum of 10 people per table. Naomi and Shelli will each be running one table and will add more if needed.

The top player from each table will get paid out half of the pot for that table and the remainder of the proceeds will go to CBST's Retreat Scholarship Fund. The pot will be divided equally between YOU, and CBST's Scholarship fund. Think you're a Poker ace? Bring your A-Game and find out!