

SHABBAT PROGRAM

JANUARY 17, 2025 / 18 TEVET 5785

וַיֵּרָא מַלְאָךְ ה' אֵלָיו בְּלַפְת־אֵשׁ מִתּוֹךְ הַסֵּנֶה וַיֵּרָא וְהִנֵּה הַסֵּנֶה בֹּעֵר בְּאֵשׁ וְהַסֵּנֶה
אֵינְנוֹ אֹכֵל

“An angel of the Eternal appeared to Moses in a blazing fire out of a bush. He gazed, and there was bush all aflame, yet the bush was not consumed.”
(Exodus 3:2)

REV. DR. MARTIN LUTHER KING JR. SHABBAT - SHABBAT SHEMOT



Service Leader
Rabbi Jason Klein



Ba'al Tefillah
Cantor Sam Rosen



Guest Speaker:
Phylisa Wisdom

Rabbi Jason Klein, SENIOR RABBI
Rabbi Yael Werber, ASSOCIATE RABBI
Cantor Sam Rosen
Rabbi Marisa Elana James, DIRECTOR OF SOCIAL
JUSTICE PROGRAMMING
Rabbi Mike Moskowitz, SCHOLAR-IN-RESIDENCE
Joyce Rosenzweig, MUSIC DIRECTOR
Ivan Zimmerman, PRESIDENT
Rabbi Sharon Kleinbaum, SENIOR RABBI EMERITA

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Welcome to CBST! Shabbat Shalom!

Shabbat shalom and welcome to CBST. Since our congregation's inception in 1973, the cornerstone of CBST community life is our presence with one another in joyful communal prayer, words of Torah, and conversation as we welcome Shabbat each Friday evening. Whether you are a newcomer tonight or have a member of CBST for decades, my desire is that everyone present here both enriches and is enriched by the community. Times of great uncertainty reinforce Jewish tradition's call to set aside many of the tasks of ordinary life as the Friday sun goes down each week and be more present with ourselves, with loved ones, and with the community. Setting aside a full day to stop and rest allows us to reenter the world each week filled with purpose, resilience, and love. May we each as individuals and as a community, in the words of our Senior Rabbi Emerita, Rabbi Sharon Kleinbaum, be the reason people have faith in the goodness of others.

—Rabbi Jason Klein

Thanks to: Jason Zivic & Better Events Sound Technicians · Shabbat Donors · Livestream Chat, Sharon Golub · Jorge Loyola and the whole facilities staff · Welcoming Ushers and the Hospitality Team · CBST Staff · Security

CBST WELCOMES OUR HEBREW-SPEAKING GUESTS

ברוכים וברוכות הבאים לקהילת בית שמחת תורה! קהילת בית שמחת תורה מקיימת קשר רב שנים ועמוק עם ישראל, עם הבית הפתוח בירושלים לגאווה ולסובלנות ועם הקהילה הגאה בישראל. אנחנו מזמינים אתכם לגלות יהדות ליבראלית גם בישראל! מצאו את המידע על קהילות רפורמיות המזמינות אתכם לחגוג את סיפור החיים שלכם בבלאיריס בכניסה. לפרטים נוספים

ניתן לפנות לרב נועה סתת: noa.sattath@acri.org.il

Use of mobile phones and other devices with lighted screens in the sanctuary is distracting to those who come to pray. If you need to check your device, please step outside to do so. Photography and video are permitted only to those who have been given permission in advance of the service. Anyone who uses one of these devices in the sanctuary without prior permission will be asked to leave.

At CBST, we aim to protect each other, to spread accurate practical information, and to take special care to keep our clergy and staff safe.

CBST's Science and Medical Team asks that we rededicate to the practices that have served our community:

- If you have, or have recently recovered from, respiratory symptoms, please do not attend in-person events. All services will be livestreamed, and we will look forward to welcoming you back soon!
 - Consider wearing a mask, especially while moving through congested areas.
 - Please respect personal space by not automatically moving to embrace others.
 - Keep up to date on vaccinations for Flu and COVID.
 - If you are at risk for m-pox (Mpox - NYC Health), consider reaching out to your healthcare provider to discuss vaccination.

Sincere thanks, and wishing health and joy to all!

JANUARY 17, 2025 / 18 TEVET 5785
PARSHAT SHEMOT – DR. MARTIN LUTHER KING, JR. DAY SHABBAT

OPENING PRAYERS AND MEDITATIONS - הַכְנַת הַלֵּב

30	הִנֵּה מָה טוֹב Hineh Mah Tov	Rick Recht (Born 1970)*
38	הַדְּלָקַת נְרוֹת שֵׁל שַׁבָּת Candle Blessing	Abraham Wolf Binder (1895-1967)
40	שְׁלוֹם עֲלֵיכֶם Shalom Aleichem	Israel Goldfarb (1879-1956)
Program	Prayer for the Release of Hostages and for Peace	

KABBALAT SHABBAT / WELCOMING SHABBAT

קַבְּלַת שַׁבָּת

52	לְכוּ נִרְנְנָה - תהלים צה L'chu N'ran'nah - Psalm 95	Western Sephardic
58	זָמְרוּ לַיהוָה - תהלים צח Zamru Ladonai - Psalm 98	Yoel Sykes (Born 1986)
62	מִזְמוֹר לְדָוִד - תהלים כט Mizmor L'David - Psalm 29	Shlomo Carlebach (1926-1994)
66	לְכֶה דוּדִי L'chah Dodi - Shlomo Alkabetz	Abie Rotenberg & Moshe Laufer
72	מִזְמוֹר שִׁיר - תהלים צב Mizmor Shir - Psalm 92	Kayla Dinis & Beit T'filah Yisraeli (Tel Aviv)

MA'ARIV / THE EVENING SERVICE

מַעֲרִיב

78	בָּרַכּוּ Bar'chu	Nusach
80	הַמַּעֲרִיב עֲרָבִים Hama'ariv Aravim	Nusach
86	אַהֲבַת עוֹלָם Ahavat Olam	Debbie Friedman (1951-2011)
88	שְׁמַע יִשְׂרָאֵל Sh'ma Yisrael	Salomon Sulzer (1804-1890)
89	וְאַהֲבַת V'ahavta	Torah Trope (Cantillation)
Program	Standing on the Parted Shores	
94	מִי כַמּוֹחַ Mi Chamochah	We Shall Overcome Melody
98	הַשְּׂכִיבֵנו Hashkiveinu	Craig Taubman (Born 1958)
102	וְשַׁמְרוּ V'shamru	Lawrence Avery (1927-2015)
104	חֲצִי קַדִּישׁ Chatsi Kaddish	Nusach
106	עֲמִידָה Shabbat Amidah	
Program	I Have Decided	
		Music: Dave Rowe (Born 1973) Text: Dr. Martin Luther King, Jr.

118	עֲשֵׂה שָׁלוֹם Oseh Shalom	Nurit Hirsch (Born 1942)
130	תְּפִלָּה לְרִפּוּאָה Prayer for Healing	
Program	תְּפִלָּה לְמַדְינָה Prayer for Our Country	
138	קַדִּישׁ שָׁלֵם Kaddish Shalem	Nusach

GUEST SPEAKER: PHYLISA WISDOM, Executive Director of New York Jewish Agenda

CONCLUDING PRAYERS סיום התפילה

140	עֲלֵינוּ Aleinu	Salomon Sulzer (1804-1890)
150	קַדִּישׁ יְתוּם Mourner's Kaddish	

ANNOUNCEMENTS

214	Lift Every Voice	Lyrics: James Weldon Johnson (1871-1938) Music: John Rosamond Johnson (1873-1954)*
156	קִידוּשׁ & מוֹצֵי קִידוּשׁ Kiddush & Motzi	

COMPOSER FEATURE

Dave Rowe (born 1973) is a singular performer and entertainer who has always approached the music business on his own terms. Dave grew up in folk music, was vocally trained by opera star, Brenda Lewis, and is a visionary folk musician, producer, and broadcaster who has released some 15 recordings over his career. Both grandfathers were professional jazz musicians, his mother a professional singer, and his father, Tom, was a much revered and talented linchpin of the popular folk trio, Schooner Fare. They all made sure Dave was classically trained, gifting him the musical foundation to bloom and carry on the family musical tradition.

Standing on the Parted Shores

Music: Noah Aronson

Text: Adapted from poem by Michael Walzer

Standing on the parted shores of history
 We still believe what we were taught
 before ever we stood at Sinai's foot
 That wherever we go it's eternally Egypt;
 That there's a better place, a promised land,
 And the winding way to that promise passes through the wilderness;
 That there's no way to get from here to there
 Except by joining hands and marching together. Singing...

I Have Decided

Music: Dave Rowe

Text: Martin Luther King, Jr. and Dave Rowe

I have decided to stick with love, hate is too great a burden to bear.

Love is gentle, love is kind.

Love is the only answer in hard times.

Hate solves nothing and brings us down.

Love is the only thing that turns it 'round.

Dream of love, dream with your heart,

When setting out in life make love your start.

When times are hard, love finds a way,

Even when the word is hard to say.

Prayer for the Return of the Hostages and for Peace

Avinu Shebashamayim, our loving Guardian in Heaven, our Rock and Redeemer, bless and protect the land of Israel and all who dwell within it. We urgently pray that those held hostage in Gaza will return home to their loved ones, and we pray for ongoing healing for those who have been released. We pray that those suffering in Gaza, civilians hungry and in need of healing, will return home to build and live in healthy communities. We pray to see the day when Israelis and Palestinians – Jews and Christians and Muslims – will dwell under their fig trees and grapevines, whether in Tel Aviv, in Ramallah, or in Gaza City, and no one will make them afraid. May there be no more death, no more senseless loss, for Israelis or Palestinians. May there be safety, justice, self-determination, hope, and a healthy future for all, b'karov u'v'yameinu, speedily, and in our days. And let us say amen.

Central Park Run/Walk for Hostages, 11:00am at Central Park West and 90th Street.

Every Sunday, Run for Their Lives—founded by The Hostages and Missing Families Forum NY.

Union Square Vigil for Ceasefire and Hostage Deal, 4:00pm in Union Square Park

A weekly one-hour vigil calling for a bilateral ceasefire and full hostage return. Hosted by Israeli Peace Activists in NYC at the statue of George Washington.

Phylisa Wisdom comes to NYJA with a life-long commitment to service that she acquired growing up in a tight knit Reform temple community in San Diego. With that anchor, she has rooted all her professional commitments thus far in the deeply-held value of tikkun olam. Her Ladino-speaking Sephardic grandmother from The Bronx instilled in her a deep appreciation for New York City, and the diversity of Jewish communities here. Since she was a little girl, she has understood our community to be diverse, pluralistic, and dedicated to the pursuit of social justice. One of Phylisa's earliest political experiences was lobbying for reproductive rights with the Union for Reform Judaism's Religious Action Center and she has nurtured that same spirit of activism and commitment to social justice throughout her career. Phylisa's leadership in New York's political scene spans several positions and roles as a staff person, board member, and advisor. She has volunteered on numerous political campaigns in New York and beyond, and is an elected Brooklyn Democratic County Committee member. She has extensive experience in New York's education sector at organizations working on educational equity, literacy intervention in public elementary schools, as well as ensuring educational equity for students attending nonpublic schools, specifically yeshivas. Phylisa attended California State University and King's College London, where she earned a Master's in Public Policy.

Hostages Still Held by Hamas: The Names and Ages of Those Abducted from Israel

Tamir Adar z"l (38)	Daniela Gilboa (19)	Sonthaya Oakkharasri z"l
Hisham Al-Sayed (35)	Guy Gilboa-Dalal (22)	Yosef Chaim Ohana (23)
Edan Alexander (19)	Meni Godard z"l (73)	Alon Ohel (22)
Hamza Alziadana z"l (22)	Hadar Goldin z"l (23)	Avinathan Or (31)
Youssef Hamis Alziadna z"l (53)	Romi Gonen (23)	Dror Or z"l (48)
Matan Angrest (21)	Ran Gvili z"l (24)	Daniel Perez z"l (22)
Karina Arieiev (19)	Gad Haggai z"l (73)	Natthapong Pinta (35)
Aviv Atzili z"l (49)	Judy Weinstein-Haggai z"l (70)	Sudthisak Rinthalak z"l
Sahar Baruch z"l (24)	Inbar Haiman z"l (27)	Lior Rudaeff z"l (61)
Uriel Baruch z"l (35)	Tal Haimi z"l (41)	Surasak Rumnao
Ohad Ben Ami (55)	Asaf Hamami z"l (40)	Yonatan Mordechai
Agam Berger (19)	Maxim Herkin (35)	Samerano z"l
Gali Berman (27)	Eitan Horn (37)	Bannawat Seathao
Ziv Berman (27)	Yair Horn (45)	Eli Sharabi (55)
Ariel Bibas (4)	Tsachi Idan (49)	Yossi Sharabi z"l (51)
Kfir Bibas (1)	Guy Iluz z"l (26)	Oron Shaul z"l (30)
Shiri Bibas (32)	Bipin Joshi (23)	Omer Shem Tov (21)
Yarden Bibas (34)	Ofer Kalderon (53)	Tal Shoham (39)
Elkana Bohbot (34)	Segev Kalfon (26)	Idan Shtivi z"l (28)
Rom Braslavski (19)	Ofra Keidar z"l (70)	Keith Samuel Siegel (64)
Itai Chen z"l (19)	Bar Kuperstein (22)	Doron Steinbrecher (30)
Elia Cohen (27)	Shay Levinson z"l (19)	Watchara Sriaoun (32)
Nimrod Cohen (19)	Eitan Levy z"l (53)	Sathian Suwannakham (34)
Amiram Cooper z"l (84)	Na'ama Levy (20)	Itay Svirsky z"l (38)
Ariel Cunio (26)	Or Levy (33)	Pongsak Thenna
David Cunio (33)	Oded Lifshitz (83)	Alexander "Sasha" Trupanov (27)
Emily Damari (27)	Shlomo Mansour (85)	Ilan Weiss z"l (56)
Oz Daniel z"l (19)	Eliyahu Margalit z"l (75)	Omer Wenkert (22)
Evyatar David (23)	Avera Mengistu (37)	Yair Yaakov z"l (59)
Sagi Dekel-Chen (35)	Omri Miran (46)	Ohad Yahalomi (49)
Muhammed El Atrash z"l (40)	Joshua Loitu Mollel z"l (21)	Arbel Yahoud (28)
Liri Elbag (19)	Eitan Mor (23)	Arye Zalmanovich z"l (86)
Itzhak Elgarat (69)	Gadi Moshe Mosez (80)	Matan Zangauker (24)
Ronen Engel z"l (55)	Omer Neutra z"l (22)	
	Tamir Nimrodi (19)	

This list of hostages is as accurate as possible based on public information as of September 1, 2024, but there is no single complete list, as there are still people missing, and bodies still being identified.

PRAYER FOR OUR COUNTRY by Rabbi Ayelet Cohen

Our God and God of our ancestors,
bless this country and all who dwell within it.
Help us to experience the blessings of our lives and
circumstances,
To be vigilant, compassionate, and brave.
Strengthen us when we are afraid,
Help us to channel our anger, so that it motivates us to
action.
Help us to feel our fear, so that we do not become
numb.
Help us to be generous with others, so that we raise
each other up.
Help us to be humble in our fear,
knowing that as vulnerable as we feel,
there are those at greater risk, and
that it is our holy work to stand with them.
Help us to taste the sweetness of liberty,
To not take for granted the freedoms won
in generations past or in recent days.
To heal and nourish our democracy,
that it may be like a tree planted by the water
whose roots reach down to the stream;
it need not fear drought when it comes,
its leaves are always green (Jeremiah 17:8).

Source of all Life,
Guide our leaders with righteousness
Strengthen their hearts, but keep them from
hardening.
That they may use their influence and authority to
speak truth and act for justice (Isaiah 16:3-5).
May all who dwell in this country
share in its bounty, enjoy its freedoms,
and be protected by its laws.
May this nation use its power and wealth
to be a voice for justice,
peace, and equality for all who dwell on earth.
May we be strong and have courage
To be bold in our action and deep in our compassion,
To discern when we must listen and when we must
act,
To uproot bigotry, intolerance, misogyny, racism,
discrimination, and violence in all its forms,
To celebrate the many faces of God reflected
in the wondrous diversity of humanity,
To welcome the stranger and the immigrant
and to honor the gifts of those who seek refuge
and possibility here, as they have since
before this nation was born.
Let justice well up like waters, and righteousness
like a mighty stream (Amos 5:24)

א-להינו וא-להי אבותנו ואמותינו. ברכך את
ארצנו
את כל היושבות והיושבים בה
יחד לבבנו להודות לך על חיינו ועל הזמן הזה
להיות דרוכות, אמיצים, ומלאי חמלה
חזקנו וחזק ידנו כאשר אנו אחוזים בפחד
סייע בידינו לנתב את כעסנו לידי מעשה
חזק לבבנו לחוש את מלוא הפחד שלנו
כדי שלא נהפוך לאדישות
סייע לנו להשפיע נדיבות על אחרים כדי שנרים
זה את זה
סייע לנו להיות צנועות בפחד, כדי שנדע כי גם
כשאנו מרגישים פגיעות
יש אחרות, הנמצאות בסכון גבוה אף יותר,
והי חובתנו הקדושה להיות
עמן
ברכנו בטעם המתוק של החופש
כדי שנשכיל להעריך את החופש לו זכינו
בדורות קודמים ובעת הזו
לרפא ולחזק את הדמוקרטיה שלנו שתהיה פגוע
שתול על-מים, ועל-יובל שלח שרשיו, ולא
יראה כי-יבא חס, והיה עלהו רענן; (ירמיהו
זי, ח)

שכינה, אם כל חי
שלחי אורך ואמתך למנהיגנו
חזקי לבבותיהם שלא יתקשו
שישתמשו בכוחך כדי לדבר אמת ולפעול בצדק
(ישעיהו טז, ג-ה)
מי יתן וכל יושבי הארץ יחלקו בעושרה, ישגשו
בחופש שתציע, ויהיו מוגנים בחוקיה
מי יתן ואומה זו תשתמש בכוחה ובעושרה על
מנת לקדם צדק, חופש
ושלום לכל יושבי תבל
מי יתן ונהיה חזקות ואמיצים
מי יתן ונהיה נועזים במעשי ידנו ועמוקות
בחמלה שבלבנו
שנבחין מתי עלינו להקשיב ומתי עלינו לפעול
לעקור שנאה, גזענות, שוביניזם, אפליה,
אלימות בכל צורה
לחגוג את צלם אלוהים בפנים שונות
המשתקפות בכל המגוון האנושי
לקבל את הור ואת המהגרת, ולכבד את
המתנות שמביא כל מי שמבקשת מקלט
והזדמנות בארץ זו, כפי שהיה מאז לפני שאומה
זו נולדה
ויגל בפנים, משפט; ויצדקה, כנחל איתן
(עמוס ה, כד)

REFUAH SHLEIMAH – HEALING PRAYERS

Jeff Goodman	Mark Mitchell	Linda Solomon
Asaf-Barry Kimchy	Beth Robin	Elliott Strick
Mark Lerner	Corinne Sevilly	Shep Wahnou
Gloria Levinsohn	Malissa Smith	Shulamis bat Chanah

This list is for those with acute illness. Any person may submit one name for one-month inclusion. We only print names of people who have given consent. You may say any name aloud during the healing prayer. If you or a CBST member you know is ill and would like support, contact info@cbst.org. We are here for you.

YORTZEITS 18 TO 24 TEVET 5785

Members memorialized on the Wine Family Sanctuary Memorial Wall

Rhoda Zimet	Glen Kramer	Joseph Freitag
Arnold Rowan	Harvey Berger	Eugene W. Riegler
Jeffrey Carples	Perry Cline	

Family & Friends memorialized on the Kuriel Chapel Memorial Wall

Michael Gaines	Benjamin Weisbrot	Jeanette Green
Brandon Teena	Samuel Ziskind	Owen Raynor III
Donald Shanley	Melvin Sendrovitz	Gloria Gevartz
Blanche Comras Rifkin	Eli Zackler	Adele Passman
Lillian Clair	Frymouth Biller	Judith Alpert
Joseph Gandelman	Leon Potasinski	Joyce Dutka
Janice Landau	Selma Winter	

May the Holy One comfort all who mourn.

SPONSORSHIPS
TONIGHT'S LIVESTREAM

Underwritten by

Alton Bader, who has generously and consistently supported CBST's Livestream.

Sponsored by

CBST Board, Clergy, and Staff with appreciation to Phylisa Wisdom for sharing words of Torah and gracing the bimah with your expertise this Shabbat Shemot!

Supported by

Linda Solomon and Bonnie Siegel

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קהלה קדושה בית שמחת תורה

Join us to celebrate the installation of

הרב יואל גרשון

Jason Gary Klein

מבית מענדל יוסף ושיינע איטע

as Senior Rabbi



Kabbalat Shabbat Va'era
Friday, January 24, 2025
25 Tevet 5785
6:30pm ET

With honored guest speaker
Rabbi Deborah Waxman, Ph.D.
President & CEO, Reconstructing Judaism



Festive oneg to follow services
130 West 30th Street, New York, NY
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Celebrate this joyous milestone with a tribute in our
Wishes and Blessings Book.
Your contribution will become a part of this occasion
while supporting CBST.
The deadline to submit is January 22nd.

Shabbat Shalem



We invite you and yours to join us this Shabbat, January 18 for our next Shabbat Shalem, our monthly immersive day at CBST. In honor of MLK Jr. Shabbat, our January Shabbat Shalem will focus on how we show up for justice in the coming year. Spend time with our in-person and online community through hybrid programs throughout the day.

- 10:00am - Shabbat Morning Services - Traditional Egalitarian Minyan
- 12:30pm - Festive Kiddush lunch
- 1:30pm - Welcome and community learning with Rabbi Klein
- 3:00pm - Being an Engaged and Effective Citizen in 2025 with Phylisa Wisdom, Executive Director of New York Jewish Agenda (NYJA).
- 5:00pm - Shabbat music jam session with Cantor Rosen
- 6:00pm - Closing circle with Rabbi James and Cantor Rosen
- 6:00pm - Havdalah

All Day:

- Board games and crafts in the Reich-Marran Room
- Quiet space to rest, read, and take a break in the Hibsher-Orient Room
- Check out the Democracy Team's table of information about upcoming New York City elections.
- Our Little Free Social Justice Library will be available all day! Bring a book you loved with a social justice theme that you're ready to pass on to others, and/or pick a book to read and take home.



SOMETHING MAGICAL HAPPENS WHEN YOU JOIN CBST!

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It's always a great time to join or renew your membership at CBST!

Connect with us by emailing membership@cbst.org. For updates and to become a continuing member, check cbst.org/membership or scan the QR Code:



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