לְדָוֹד וַ יְהנָה וֹ אוֹרֵי וַיִּשְׁעִי מִמְּי אִירֵא יְהנָה	Of David. The LORD is my light and my help; whom should I fear? The LORD is the
מֶעוֹז־חַיַּי מִמָּי אֶפְחָד:	stronghold of my life, whom should I dread? (JPS)
	For David. The LORD is my light and my rescue. Whom shall I fear? The LORD is my life's
	stronghold. Of whom should I be afraid? (Alter)
	You are my light and my help, whom should I fear? You are the fortress of my life, of
	whom shall I be afraid? (CBST Siddur B'Chol L'Vavcha)
	A Psalm of David. Adonal is my light and my help. Whom shall I fear? Adonal is the
	stronghold of my life. Whom shall I dread? (Mahzor Lev Shalem)
	You are my light and my help Whom should I fear? You are the fortress of my life
	Whom should I dread? (Fischer)
בָּקְרָב עָלֵי ו מְרַעִים ٛלָאֶכֶׁל אֶת־בְּשָׁרִי צָרַי	When evil men assail me to devour my flesh— it is they, my foes and my enemies, who
וֹאֹיָבֵי לֵי הַמַּה כַשִּׁלְוּ וְנַבֶּלוּ:	stumble and fall.
**************************************	When evildoers draw near me to eat my flesh — my foes and my enemies are they —
	they trip and they fall.
	When my enemies gather to attack me, it is they who stumble and fall.
	When evil people assail me to devour my flesh it is they, my enemies and those who
	besiege me, who stumble and fall.
	When the narrow ones gather their strength to devour me it is they who stumble and
	fall
אָם־תַּחֲנֶה עָלֵי ו מַחֲנֶה לְאֹ־יִירָא לִבְּי אָם־	Should an army besiege me, my heart would have no fear; should war beset me, still
ַּהָקוּם עֵלֵי מִלְחָמֶה בִּוֹאת אֲנִי בוֹטֵחַ: הַקּוּם עֵלֵי מִלְחָמֶה בִּוֹאת אֲנִי בוֹטֵחַ:	would I be confident.
10 hr . 12 hr 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Though a camp is marshaled against me, my heart shall not fear. Though battle is
	roused against me, nonetheless do I trust.
	Were an army to besiege me, still I would have no fear. Though they strike out with
	weapons, my faith would remain firm. Even if war broke out against me, still I would be
	confident.
	Should an armed camp be arrayed against me, my heart would show no fear; should
	they war against me of this I would be sure.
	even if a royal army were camped outside my gate my heart would not fear and when
	they struck out with terrible weapons against me even then I trust

אַחָת וּ שָׁאַלְתִּי מֵאֵת־יְהנָה אוֹתֶה אֲבַׁקֵּשׁ שִׁבְתִּי בְּבֵית־יֲהנָה כָּל־יְמֵי חַיֵּי לַחַזָּוֹת בְּנְעַם־ יְהנָה וּלְבַקֵּר בְּהֵיכָלְוֹ:	One thing I ask of the LORD, only that do I seek: to live in the house of the LORD all the days of my life, to gaze upon the beauty of the LORD, to frequent His temple. One thing do I ask of the LORD, it is this that I seek — that I dwell in the House of the LORD all the days of my life, to behold the LORD's sweetness and to gaze on His palace. One thing I ask, only this do I seek To dwell in your house, all the days of my life To behold your loveliness, in the light of your temple dawn. One thing I ask of ADONAI — this I seek: to dwell in the House of God all the days of my life, to behold God's beauty and visit in God's sanctuary One thing I ask for, one thing I hope — to live in your house all the days of my life to behold your loveliness every morning in the light of your temple dawn
ּבֶּי יִצְפְּנֵנִי וּ בְּסֵכּה ּבְּיֶוֹם רְּעֲה ֻיַסְתּרֵנִי בְּסְתֶּר אָהֶלֶוֹ בְּצֹּוּר יְרוֹמְמֵנִי:	He will shelter me in His pavilion on an evil day, grant me the protection of His tent, raise me high upon a rock. For He hides me in His shelter on the day of evil. He conceals me in the recess of his tent, on a rock He raises me up. You will shelter me under your protection, concealing me in your tent You will lift me to safety on a high rock, raising my head above all my foes. Were God to hide me in God's sukkah on the calamitous day, were God to enfold me in this secret recesses of God's tent, I would be raised up in a protecting fort. Till on a doomful day you secure me in your precincts conceal me within the folds of your covering tent place me high and safe upon a rock my head lifted above the engulfing waves
וְעַהָּה יָרָוּם רֹאׁשָׁׁי עַל אְיָבַׁי סְבִיבוֹתַּׁי וְאָזְבְּחָה בָאָהֵלוֹ זִבְחֵי תְרוּעָה אָשִׁירָה וַאֲזַמְּרָה לִיהוֶה:	Now is my head high over my enemies roundabout; I sacrifice in His tent with shouts of joy, singing and chanting a hymn to the LORD. And now my head rises over my enemies around me: let me offer in His tent sacrifices with joyous shouts. Let me sing and hymn to the LORD. I will bring You offerings of thanksgiving, with shouts of gladness I will sing and chant psalms of joy, praises to You. Now, I raise my head above the enemies that surround me, and come with offerings, amidst trumpet blasts, to God's tent, chanting and singing praises to ADONAI.

	With the joy of my heart I will sacrifice within that billowing shelter singing and playing
· · · · · · · · · · · · · · · · · · ·	my abandonment to you Hear O Lord when Lery aloud have morey on me answer me
שְׁמַע־יְהוָה קוֹלִי אֶקְרָא וְחָבֵּנִי וַעֲנָנִי:	Hear, O Lord, when I cry aloud; have mercy on me, answer me.
	Hear, Oh Lord, my voice when I call, and grant me grace and answer me.
	Hear me, my God, when I cry aloud! Be gracious and answer me.
	ADONAI, hear my voice as I cry out; be gracious to me and answer me.
לְךָּ ו אָמַר לָבִּי בַּקְּשָׁוּ פָנֵי אֶת־פָּנֵיךּ יְהוָה	In Your behalf my heart says: "Seek My face!" O LORD, I seek Your face.
אָבַקִּשׁ:	Of you, my heart said: "Seek my face." Your face, LORD, I do seek.
	My heart cries: "Seek the divine face!" Yes, it is your presence that I seek.
	It is You of whom my heart said, "Seek my face!" It is Your presence that I seek, ADONAI.
	Hear my voice when I raise it up be gracious — answer me — speaking with your voice
	my heart saying Seek my presence. I will
אַל־תַּסְתֵּׁר פָּנֶּיךְ ו מָמֶנִי אָל־תַּט־בְּאַׁף עַׁבְדֶּךְ	Do not hide Your face from me; do not thrust aside Your servant in anger; You have
עֶזְרָתִי הָיֻיִתָ אַל־הִּסְיֹעֵנִי וְאַל־בַּעַזְבַנִי אֱלֹהַי	ever been my help. Do not forsake me, do not abandon me, O God, my deliverer.
יִשְׁצִי:	Do not hide your face from me, do not turn your servant away in wrath. You are my
' '	help. Abandon me not, nor forsake may, O God of my rescue.
	Do not hide your face from me, You have been my help.
	Do not hide your face from me; do not act angrily toward me. You have always been
	my help; do not forsake me; do not abandon me, my God, my deliverer.
	Do not hide your glowing face from me do not reject me in anger because of my
	shortcomings you have always been for me don't cast me off now, don't walk away my
	helper, my friend
כִּי־אָבֶי וְאִמֵּי עֲזָבֶוּנִי וַיהוָה יַאַסְפֵנִי:	Show me Your way, O LORD, and lead me on a level path because of my watchful foes.
	Though my father and mother abandon me, the LORD will take me in.
	Though my father and my mother forsook me, the LORD would gather me in.
	Though my father and mother abandon me, You will take me in and care for me.
	Though my father and mother abandon me, ADONAI will gather me in.
	My mother and father forsake me but you take me up show me the way!
קוֹרָנִי יְהֹנָה בּּרְכֶּךְ וּנְחֵנִי בְּאָרַח מִישָׁוֹר לְמַּעַן	Show me Your way, O LORD, and lead me on a level path because of my watchful foes.
שוֹרְבֵי:	Teach me, O LORD, your way, and lead me on a level path because of my adversaries.
* f* = -	Teach me your way, O God, guide me on the right path.

	Show me your way, Adonal, and lead me on a straight path despite those arrayed
	against me.
	Guide my steps on the clear path against the ever-present cliffs and thickets protect
	me from the noise of desire and hatefulness from false words and shouted accusations
אַל־הַתְּנִנִי בְּנֶפֶשׁ צָרֶי כִּי קָמוּ־בִי עֲדֵי־שָׁקֶר	Do not subject me to the will of my foes, for false witnesses and unjust accusers have
וִיפַחַ חָמֵס:	appeared against me.
,	Do not put me in the maw of my foes. For false witnesses rose against me, outrageous
	deposers.
	Protect me from ridiculing enemies, who attack me with lies and threats.
	Do not hand me over to the grasp of those who besiege me; For false witnesses and
	those who see kill have risen against me.
לוּלֵאֹ הָאֱמַנְתִּי לְרָאָוֹת בְּטוּב־יְהנָה בְּאֶרֶץ	Had I not the assurance that I would enjoy the goodness of the LORD in the land of the
חַיִּים:	living
"-	But if I trust to see the LORD's goodness, in the land of the living —
	Had I not the faith that your justice, your goodness would finally appear
	It is unthinkable!
	If only I could trust that I would see God's goodness in the land of the living place
	your hope in Adonal.
	I did not have faith in your righteousness that it would bloom in this living land — it is
	unthinkable
קוֹה אֶל־יְהֹנָה חֲזק וְיַאֲמֶץ לֹבֶּךְ וְקוֹּה אֶל־	Look to the LORD; be strong and of good courage! O look to the LORD!
יָהוָה:	Hope for the LORD! Let your heart be firm and bold, and hope for the LORD.
*/ 'I# ':	Hope in God, find strength and courage within your heart —
	And hope in God.
	Be strong, take courage, and place your help in Adonal.
	I wait only for you with strength and good courage —
	I wait only for you