

## Adult B\* Mitzvah Program

The CBST Adult B\*Mitzvah program is a 2-year (4 semester) Jewish learning program which culminates in a handful of group B\*Mitzvah Shabbat services in the spring and fall of the 2<sup>nd</sup> year. Our classes are taught by CBST clergy and educators and cover a range of topics, from liturgy and theology to Hebrew language and Torah cantillation.

To date, over 80 CBST members have participated in our program and have been called to the Torah as adult B\*Mitzvah. Graduates of our Adult B\*Mitzvah program have gone on to become regular Torah readers at our Shabbat morning minyanim and High Holy Day services too!

## Pre-requisites

- CBST membership in good standing  
(For membership information, email [membership@cbst.org](mailto:membership@cbst.org))
- Regular attendance at CBST Shabbat evening and Shabbat morning services
- All participants in the CBST Adult B\* Mitzvah program must be Jewish.

*(If you have questions about this, please email [RabbiWerber@cbst.org](mailto:RabbiWerber@cbst.org))*

## Schedule and Costs

- Cost for the 2-year program begins at \$1800 with additional cost for \*Kiddish lunch sponsorship.
- There are 4 semesters over the 2-years, they begin in the fall.
- Schedule and description of classes of courses will be finalized in the summer.
- CBST celebrates our Adult B\* Mitzvah in small groups of 2-4 students on a Shabbat Morning, of our Liberal Minyan, in the spring of the 2nd year.

\* B\*Mitzvah participants are responsible for sponsoring a celebratory community Kiddush as a group on the morning of their B\*Mitzvah service. Cost for this varies depending on food, catering, size, and staff.

Details should be coordinated with Carrie Connor, Director of Operations at 212-929-9498 X813 or at [cconnor@cbst.org](mailto:cconnor@cbst.org)

# B\*Mitzvah Timeline and Curriculum Outline

## YEAR 1

- Enroll in ABM and register for classes.
- Begin to come to Liberal Minyan or other Shabbat morning services at CBST or other synagogues.
- Maintain CBST membership.

## ABM Required Lehrhaus Classes

### Fall Semester

Hebrew Language class (required at any level)

Structure of Tefillah: Understanding the Friday Night Service

### Spring Semester

Hebrew Language (continue at any level – optional once reading proficient)

The Jewish Bookshelf: Introduction to Jewish Commentary and Context

## YEAR 2

- Students receive B\*Mitzvah dates and parshah assignments.
- Continue attending Liberal Minyan or other Shabbat morning services at CBST or other synagogues.
- Maintain CBST membership.

### ABM Required Lehrhaus Classes

#### Fall Semester

Cantillation and Torah Skills

Structure of Tefillah: Understanding the Shabbat Morning Service

#### Spring Semester

D'var Torah Writing Class (Combination of class and small group sessions)

Cantillation: Individual preparation of B\*Mitzvah parshah with Cantor and Educators.

\* The “spring semester” indicates the 3 months prior to the B\*Mitzvah date

