MAY 1-2, 2020 / 8 IYYAR 5780
PARSHIOT ACHAREI MOT-KEDOSHIM

"You shall keep My laws and My rules, by the pursuit of which human beings shall live; I am the Eternal." (Leviticus 18:5)

"You shall not hate your fellow human in your heart...Love your neighbor as yourself: I am the Eternal!" (Leviticus 19:17-18)
CBST Welcomes Our Hebrew-Speaking Guests!

CBST Welcomes Our Hebrew-Speaking Guests!

בָּרוֹכֵם בְּרֵוחַ חָכְמוֹת נַעֲמָה לְקַהֲלָת בִּית שְׁמַם תְרוּמָה; קַהֲלָת בִּית שְׁמַם תְרוּמָה מְקִימָה כָּשֶׁר וּרְשָׁע מֵעֶמֶק עֵצֶם יִשְׂרָאֵל, עַד הָבַיָּת הַפְּתָחִים בְּרֵוחַ חָכְמוֹת נַעֲמָה לְקַהֲלָת תְרוּמָה מְקִימָה נַעֲמָה בְּקֹדֶשׁ בָּאוֹר עֵצֶם יִשְׂרָאֵל.

CBST Welcomes Our Hebrew-Speaking Guests!

A healing prayer from Joyce Rosenzweig & Cantorial Intern David Fair

Rabbi Kleinbaum’s thoughts on “Spiritual Lessons for Today’s Plague”

A Prayer for Healthcare Workers

“The CBST community knows what it takes to live through a plague. Love and compassion and support are at the center of survival. Remember to be kind and generous while being cautious and vigilant about staying healthy and keeping others safe. We will continue being a powerful spiritual community of resistance and love. May the Holy One surround you and your loved ones and give you strength and comfort as we face the uncertainty of the times we are in. Be the reason people have faith in the goodness of others.” —Rabbi Sharon Kleinbaum

Thanks to: Better Events Sound Technician · our Facilities Staff Jorge Loyola, Teresa Gutiérrez, Russell Enmanuel, & Pablo Crespo · Members & Friends who serve as greeters · Shabbat sponsors & donors.

Music to Soothe the Soul

In commemoration of Yom Hazikaron: Shir Hama’alot (Song of Ascents)

This painful and hauntingly beautiful song is the final movement of a cantata by the great Israeli composer, Marc Lavry (1903-1967) entitled “Alei D’vai” or “Leaves of Woe.” The text is written by the Israeli poet Reuven Grossman (Avinoam) (1905-1974), whose beloved son was killed fighting in Israel’s War of Independence in 1948. In this poem, the bereaved father invokes Psalm 121, as he says, “I lift my eyes to the clouds. God, please allow me to reach up to the abode of the stars. Please, place before me a ladder...” He prays to grant him the wisdom to understand the noble and gentle spirit of his son, for his heart cannot comprehend the wonder of this young man’s greatness. Recorded on June 2, 2019 at CBST’s 24th Annual Benefit Concert, “Psalm Enchanted Evening.” Performed by Cantor David Berger; Dror Baitel, piano; the CBST Community Chorus; Joyce Rosenzweig, conductor.
**MAY 1, 2020 / 8 IYYAR 5780**
**ATZMA’UT SHABBAT- PARSHIOT ACHAREI MOT/KEDOSHIM**

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**GUEST SPEAKER: STAV SHAFFIR**

**SONGS OF ISRAEL**

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*The text under each program number indicates the composer's name and the years of their birth and death, if applicable.*
This Week’s Shabbat Services

Friday, May 1 / 8 Iyyar
Kabbalat Shabbat, 6:30 pm -- Yom HaAtzmaut Shabbat
* Ba’alei Tefillah: Cantorial Intern
  David Fair, Sam Rosen
  Piano: Music Director
  Joyce Rosenzweig
  Service Leader: Rabbi
  Sharon Kleinbaum
  Guest Speaker: Stav Shaffir

Saturday, May 2 / 8 Iyyar
Shabbat Morning – Yoga/Meditation Minyan, 10 am; RSVP for Zoom link; led by Rabbi Yael Rapport

Havdalah, 9 pm (please note the changed time!): Service Leader:
Cooperberg-Rittmaster Rabbinical Intern Deborah Megdal
Zoom: https://zoom.us/j/654880356; Meeting ID: 654 880 356; phone:
+1 646 876 9923 (New York)

COMPOSER FEATURE: Naomi Shemer

Naomi Shemer (1930-2004), known commonly as the “First Lady of Israeli Song,” is most famous for her song “Yerushalayim Shel Zahav” (Jerusalem of Gold). Written in 1967 for the Israel Song Festival, the song became an instant hit and was even known commonly as Israel’s “second national anthem.” Her other major hit, “Lu Y’hi” (Let it Be), was written after the Yom Kippur War and was modeled after the Beatles’ song by that name. During her service in the Israeli Defense Force, she was part of the Nahal Entertainment Troupe. She subsequently studied music at the Rubin Academy in Jerusalem. For her immense contribution to Israeli music, Shemer was awarded the Israel prize in 1983.
L’chah Dodi

Text: Liturgy
Music: Mordechai Zeira (1905-1968)
Arr. Yehezkel Braun (1922-2014)

Come, my Beloved, to meet the bride; let us welcome the presence of Shabbat!
Wishing you a Shabbat filled with peace and blessings!

A land which devours its inhabitants
And flows with milk and honey and blue skies,
Sometimes itself stoops to plunder
The sheep of the poor.

A land sweetened by her clods of soil,
Yet all her seashores are salty,
Like the tears of those who, through their love,
Gave all they had to give.

Every spring, new flowers emerge
To conceal all the wrinkles on the face of the land;
In bright light will the summer breeze
Caress the sadness of her stones.

Autumn returns with heavy clouds
To enfold all her gardens in gray,
And the winter will draw itself down
Over those whom its weeping eyes have guarded.

The white squill plant is again in bloom
There, on the lonely road;
The jasmine will bring back the fragrance
Of fields lost in time.

A land sweetened by her clods of soil,
Yet all her seashores are salty,
Like the tears given by her lovers,
Lovers who gave all they had to give.

A land which devours its inhabitants
And flows with milk and honey and blue skies,
Sometimes itself stoops to plunder
The sheep of the poor.

A land sweetened by her clods of soil,
Yet all her seashores are salty,
Like the tears of those who, through their love,
Gave all they had to give.

A land which devours its inhabitants
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A land which devours its inhabitants
And flows with milk and honey and blue skies,
Sometimes itself stoops to plunder
The sheep of the poor.

A land sweetened by her clods of soil,
Yet all her seashores are salty,
Like the tears of those who, through their love,
Gave all they had to give.
Ani V'atah / You and I
Words: Arik Einstein (1939-2013)

You and I will change the world.
You and I, then all will follow.
Others have said it before me, but no matter. You and I will change the world.

Ani ve'atah neshaneh et ha'olam
Ani ve'atah az yavo'u kvar kulam
Amru et zeh kodem lefanai,
Lo meshaneh.
Ani ve'atah neshaneh et ha'olam.

You and I will try from the beginning.
It will be tough for us, but no matter. It's not so bad. Others have said it before me, but nevertheless, you and I will change the world.

Ani ve'atah nenaseh mehahatchalah
Yihyeh lanu ra ein davar zeh lo nora.
Amru et zeh kodem lefanai
Zeh lo meshaneh.
Ani ve'atah neshaneh et ha'olam.

Ani ve'atah neshaneh et ha'olam
Ani ve'atah az yavo'u kvar kulam
Amri et zeh kodem lefanai,
Lo meshaneh.
Ani ve'atah neshaneh et ha'olam.

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Amri et zeh kodem lefanai,
Lo meshaneh.
Ani ve'atah neshaneh et ha'olam.

Lu Y’hi / Let it Be
Words: Naomi Shemer (1930-2004)

There is still a white sail on the horizon,
Opposite a heavy black cloud.
All that we ask for - may it be.

Ve'im bacholonot ha'erev
Or nerot hachag ro'ed -
Kol shenevakesh - lu y’hi.

And if in the evening windows,
The light of the holiday candles flickers.
All that we seek - may it be.

May it be, may it be, please, may it be.
All that we seek - may it be.

Ay ay ay - Od lo ahavti dai
Haruach v’hashemesh al panai
Ay ay ay - Od lo amarti dai
V'im lo, im lo achshav eimatai?

Od Lo Ahavti Dai / I Have Not Yet Loved Enough
Words: Naomi Shemer (1930-2004)

With these hands I haven't yet built a village,
Haven't yet found water in the middle of the wilderness,
Haven't yet painted a flower, I haven't yet discovered how the path leads me, and where I am going.

I haven't loved enough,
The wind and sun on my face.
I haven't said "enough*",
And if not now - when?
I have no other country
even if my land is aflame
Just a word in Hebrew
pierces my veins and my soul
With a painful body, with a hun-
gry heart,
Here is my home.

I will not stay silent
because my country changed her face
I will not give up reminding her
And sing in her ears
until she will open her eyes

I have no other country
even if my land is aflame
Just a word in Hebrew
pierces my veins and my soul
With a painful body, with a hun-
gry heart,
Here is my home.

I won't be silent because my
country has changed her face.
I will not give up reminding her
And sing in her ears
until she will renew her glorious
days
Until she will open her eyes.
Prayer for Healers

May the One who blessed our ancestors
Bless all those who put themselves at risk to care for the sick
Physicians and nurses and orderlies
Technicians and home health aides
EMTs and pharmacists
Hospital social workers and respiratory therapists
(Please include other frontline healthcare workers. And bless especially ______)

Who navigate the unfolding dangers of the world each day,
To tend to those they have sworn to help.
Bless them in their coming home and bless them in their going out.
Ease their fear. Sustain them.
Source of all breath, healer of all beings,
Protect them and restore their hope.
Strengthen them, that they may bring strength;
Keep them in health, that they may bring healing.
Help them know again a time when they can breathe without fear.
Bless the sacred work of their hands.
May this plague pass from among us, speedily and in our days.

Rabbi Ayelet S. Cohen, March 2020
Hebrew by Rabbi Noa Sattath
Refuah Shleimah – Healing Prayers

Chana Kayla bat Layah  
Chana  
Chanan ben Tzima v’Kalman  
Chaim ben Yehoshua v’Sarah-Dina

Diane Leader  
Samantha Davis  
Stuart Dolgin  
Steve Jacobson  
Howard Leader

Christopher Kennedy  
Betty Lifton  
Linda Navarro  
Gilda Pavloff  
Jane Leader

We include in our healing prayers all those currently afflicted with COVID-19, in the CBST community & at large. We also include in our prayers the almost 14,000 immigrant children in US custody, most of whom are separated from their families. This list is for those with acute illness. Any member can submit their name for one-month inclusion. We only print names of members who have consented. You may say any name aloud during the healing prayer. If you or a CBST member you know is ill & would like support, contact cbstooffice@cbst.org. We’re here for you.

Yortzeits 8 Iyyar to 14 Iyyar 5780

Members memorialized on the Wine Family Sanctuary Memorial Wall
Howard Schoenholtz  
Edward Slomka

Family & Friends memorialized on plaques on the Kuriel Chapel Memorial Wall
Charles Antenson  
Selma Honig  
Fannie Seigal
Sam Appell  
Sherwin Hunter  
Ed Traitman
Sheldon Arden  
Florence Levine  
Morris Winter
David Berger  
Ruth Miller  
Irving Zalkin
Jeanne Berman  
Phillip Rubin

Condolences

The CBST community extends condolences to mourners among us:
CBST members Aari Ludvigsen, Barbara Gaines, and Simon Gaines on the death of their beloved friend, Hal Willner, z”l, who died Apr. 7 at age 64, from complications of COVID-19.

May God comfort you among all who mourn. We pray for peace.

We also offer condolences to the families, friends, and communities of all those who are dying each day from the COVID-19 pandemic. As of today, there have been 12,976 deaths in New York City, 23,780 deaths in New York State, 64,022 deaths across the United States, and 235,244 deaths worldwide.
Our God and God of our ancestors,  
Bless this country and all who dwell within it.  
Help us to experience the blessings of our lives and circumstances,  
To be vigilant, compassionate, and brave.  
Strengthen us when we are afraid,  
Help us to channel our anger, so that it motivates us to action.  
Help us to be generous with others, so that we raise each other up.  
Help us to be humble in our fear,  
 knowing that as vulnerable as we feel,  
there are those at greater risk, and  
that it is our holy work to stand with them.  
Help us to taste the sweetness of liberty,  
To not take for granted the freedoms won  
in generations past or in recent days.  
To heal and nourish our democracy,  
that it may be like a tree planted by the water  
whose roots reach down to the stream;  
it need not fear drought when it comes,  
its leaves are always green (Jeremiah 17:8).  

Source of all Life,  
Guide our leaders with righteousness  
That they may use their influence and authority to  
speak truth and act for justice (Isaiah 16:3-5).  
May all who dwell in this country  
share in its bounty, enjoy its freedoms,  
and be protected by its laws.  
May this nation use its power and wealth  
to be a voice for justice,  
peace, and equality for all who dwell on earth.  
May we be strong and have courage  
To be bold in our action and deep in our compassion,  
To discern when we must listen and when we must act,  
To uproot bigotry, intolerance, misogyny, racism,  
discrimination, and violence in all its forms,  
To celebrate the many faces of God reflected  
in the wondrous diversity of humanity,  
To welcome the stranger and the immigrant  
and to honor the gifts of those who seek refuge  
and possibility here, as they have since  
before this nation was born.  
Let justice well up like waters, and righteousness  
like a mighty stream (Amos 5:24)
Tonight’s Guest Speaker: Stav Shaffir

In honor of Yom Ha'atzmaut, former Member of Knesset Stav Shaffir is our guest speaker this Shabbat. She served in the Knesset since 2012, starting in the Labor Party and continuing through various shifts in Israel’s left parties over the last 8 years. She was a co-leader of Israel’s 2011 massive social justice protests, when half a million Israelis took to the streets to protest on poverty and housing issues and the ongoing erosion of demographic systems.

The youngest woman ever elected to the Knesset, Shaffir worked on the Finance Committee to bring transparency to Israel’s murky budget. She delivered a famous anti-corruption speech in 2015, and joined protests calling for the budget to address the needs of low-income Israelis and those living in the periphery. Before entering politics, Shaffir studied music and worked as a journalist.

Shaffir is an outspoken advocate for religious freedom, supporting the Women of the Wall and opposing segregated public services. She has consistently supported the LGBTQ community, proposing legislation to legalize civil unions and LGBTQ adoption and surrogacy. Her meeting with CBST’s November 2018 Israel Trip was one of the highlights of the trip. She is now working outside the Knesset to build Israel’s Green Party.

Recording of 15th Annual Israeli-Palestinian Memorial Service

On Monday, we joined friends from around the world to co-sponsor the 15th Israeli-Palestinian Memorial Service. Click here to hear a recording of this poignant service. We’re so moved by our Israeli & Palestinian colleagues from Combatants for Peace, Parents Circle Families Forum, the New Israel Fund, & others committed to mourning & dreaming together.

Congregational Town Hall: Social Justice Resources & Recording

We held our third Congregational Town Hall on “Social Justice in Times of Covid-19” on Monday. The Town Hall highlighted four of CBST’s Social Justice teams (Sanctuary and Immigration Clinic, Democracy in Action, House of Peace, and Ending Mass Incarceration) and the important work they continue to do during this time.

The events, volunteer opportunities, and social justice resources that were shared can be found here. If you missed the Town Hall, you can listen to the recording here.
Upcoming Members-Only Town Hall: “State of the City in the Time of COVID-19”
CBST members only: Monday, May 4, 6-7 pm; RSVP here to receive Zoom link

New York City Council Speaker Corey Johnson will be speaking. Corey Johnson was elected by his peers to serve as Speaker of the New York City Council on January 3, 2018. Raised in a union household where his mother, a homeless services provider, and his father, a Teamster, instilled in him the values of community service and political engagement, Corey came to national attention in 1999 when, as the captain of his high school football team, he took the courageous step of coming out publicly as gay. Corey’s actions landed him on the front page of the New York Times, and he began telling his story to audiences of young people across the country. He would later serve as chairperson of Manhattan’s Community Board 4, becoming the youngest person to chair a community board in the five boroughs.

Membership: New & Renewal
Shabbat & Livestreaming Sponsorships
Contribute to the CBST Bail Bond Fund

Make a Contribution

Planned Giving: When you remember CBST in your planned giving, you leave a special legacy that helps your community meet the needs of the future. Questions? Contact Ann.
Please "arrive" 10 minutes early for any Zoom call so we can start on time. Zoom works better on a computer (laptop or desktop). Using Zoom via phone will limit your capacity to participate. Thanks!

Open to all
Connecting in Community with CRRI Deborah Megdal
Fridays, May 1, May 8, May 15, 3-4 pm,
Zoom: https://zoom.us/j/256347787
Meeting ID: 256 347 787; by phone: +1 646 876 9923
In this stressful time, we need to love, support, and listen to one another with an open heart. All are invited to a short text study & support session. No registration required.

Psalm Study with Rabbi Kleinbaum
Mondays through Thursdays, 10-10:45 am
ZOOM INFORMATION: https://zoom.us/j/513468144
Meeting ID: 513 468 144; Dial by phone: +1 646 876 9923;
Recordings available HERE
Join in study of the Book of Psalms with Rabbi Kleinbaum. No experience necessary! Every morning Monday-Thursday 10:00 am to 10:45 am.

Pirkei Avot Study with Rabbi Moskowitz
Monday through Thursday until Shavuot (May 28), 4-4:30 pm
ZOOM: https://zoom.us/j/92665533458
Meeting ID: 926 6553 3458; Call-in: +1 646 876 9923 or +1 301 715 8592
Pirkei Avot, a classic of Jewish ethics, is customarily studied between Passover and Shavuot to prepare us to accept the Torah. Our class will start at the beginning and learn one mishnah a class, in order. No experience or Hebrew necessary; no registration required. All are welcome!
Revamped RESISTANCE: Calls & Cards meets Democracy Action Team! Starting April 30; Thursdays from 12:30-1:15 pm, via Zoom (RSVP here for the link)

Welcoming stalwarts as well as newcomers, we will provide information and support to anyone interested in participating in vital political and social justice work around the key issues we face as Americans and as progressive Jews. We’ll help you make your voice heard by contacting elected officials and key figures in city, state, and federal government through texting, emailing, calling, and sending letters and postcards. Some areas we work on: Voting access (protection, registration, turnout), immigration, refugee protection, environmental protection, common sense gun laws, ending mass incarceration, education reform, healthcare, & the fight against rising antisemitism, racism, and bigotry in all forms.

Living Successfully with HIV/AIDS
Tuesdays at 6 pm, REGISTER HERE to receive the Zoom info

Join our weekly supportive social gathering – shmooze with Rabbi James, share stories, and compare notes about what it means to be living successfully with HIV/AIDS. Sessions led by Scott A. Kramer, LCSW-R, ACSW. This group is for adults of any age who want to build community and support. Questions? Email Jesse at TalkHIV@cbst.org.

This project was funded by the New York City Department of Health and Mental Hygiene through a contract with Public Health Solutions.

JOB LISTING: Director of Development, CBST: To apply online, click here.

CBST Community Cultural Recommendations: Share recommendations for spiritually nourishing books, songs, or movies to pass the time in quarantine here!

CBST member Marjorie Ingall published a beautiful piece in Tablet Magazine on having COVID-19.

Sutton Place Synagogue Egal Morning & Afternoon Minyans: Email Harold for the password.

CBST COVID-19 Resources list Google doc

Zoom Instructions - click this link!
Sponsorships

Tonight's Livestream Sponsored by
CBST Board, Clergy, and Staff in appreciation of our friend and guest speaker, Stav Shaffir. Chazak chazak venitchazek!
The Farber Shapiro Family
Sabrina Farber in honor of Ellen Shapiro's birthday - TODAY. You are finally as old as I am! Remember when I said: "Grow old along with me..."? Never truer.
Barbara Dolgin & Hanna Gafni, with deepest gratitude and love to our clergy and staff.
Janlori Goldman
Rosanne Leipzig and Ora Chaikin in honor of Johanna Sanders, Esq., on the occasion of her passing the state bar! Mazel tov!!
Steve Lipmann in honor of my mother Freda Lipmann's 12th yortzeit, z”l. Her spirit abides.
Ruth Plave and Harriet Beckman in honor of CBST's clergy and staff for their resiliency and dedication to our community in this time of crisis.
Randi Weingarten

Livestream Supported by
Adria Benjamin
Chana Buchwald
Tanya Domi for the righteous acts of Zoran Mandlbbaum, called the "Oscar Schindler" of Bosnia. In the 1992-95 war, he was a peacemaker & humanitarian in Mostar that was ravaged by sectarian violence.
Noreen Dean Dresser
Leslie Bernstein and Fran Dunkel
Liz Edman
Michael Ekman
Carol Feinman
Erica Forman
Michael Goldstein
Donna Gray honoring Larry Finkelstein and the fantastic rugelach he has baked and brought to CBST so many times to honor everyone else. No one else’s rugelach come even close!

Barbara Grindell and Sherryl Drasin on Barbara’s mother Jeanne Berman’s 5th yortzeit, z”l, and Sherryl’s mother Dorothy Drasin’s 34th yortzeit, z”l. May their names be for a blessing.

Bobbie Hand
Jinny Henenberg in memory of my mother, Edith Henenberg, z”l, on the eve of her birthday.

Judy Hollander
Jerry Hyman
Naomi Jaffe

Meret Oppenheim sends a bushel of congratulations to Johanna Sanders for passing the bar exam!!!

Randi Sarokoff with gratitude for CBST Psalm Study Class.

Linda Solomon and Bonnie Siegel

Gail Winter in memory of my father, Morris Winter, z”l.

Janet Zaleon

Nora, Naomi, Ari, & friends Mazel tov, Johanna, on passing the bar! We couldn't be prouder of you and your many accomplishments and can't wait to celebrate with margaritas at Cowgirl when the world reopens.

Shabbat Morning Livestream Sponsored by

The Hoffman-Ingall Family - Neal, Andy and Shirley in memory of our niece, Samantha Stachel, z"l, on the occasion of her seventh yortzeit.

Laurie & Max Krotman expressing gratitude to CBST for all you are doing to keep us in touch online during these difficult times. Connection is everything. With much love.