The leper in whom the plague is, his clothes shall be rent, and the hair of his head shall go loose, and he shall cover his upper lip, and shall cry: 'Unclean, unclean.'

(Leviticus 13:45)
CBST Welcomes Our Hebrew-Speaking Guests!

בוכים וברוחות הꦗמים לקהלת בוח שמחת תורה; קהלת בוח שמחת תורה מקיימת קשר רב שנים ועמוק עם ישראל! שמחת תורה ברוכים וברוכות הבאים לקהילת בוח.

הבית הפתוח להישמע ולהעלו את קולם ועומדים פעמיים בברוך ונברך. אנחנו מזמינים אתכם לגלות יהדות ליבראלית גם בישראל.

מצאו את המידע על קהילות רפורמיות המזמין אתיכם ולה中关וג את ספר דחייה שלכלከות בפרימיום בחינוכ. לפרסום:
noa@irac.org

- A healing prayer from Joyce Rosenzweig & Cantorial Intern David Fair
- Rabbi Kleinbaum's thoughts on "Spiritual Lessons for Today's Plague"
- A Prayer for Healthcare Workers

"The CBST community knows what it takes to live through a plague. Love and compassion and support are at the center of survival. Remember to be kind and generous while being cautious and vigilant about staying healthy and keeping others safe. We will continue being a powerful spiritual community of resistance and love. May the Holy One surround you and your loved ones and give you strength and comfort as we face the uncertainty of the times we are in. Be the reason people have faith in the goodness of others." —Rabbi Sharon Kleinbaum

Thanks to: Better Events Sound Technician · our Facilities Staff Jorge Loyola, Teresa Gutierrez, Russell Emmanuel, & Pablo Crespo · Members & Friends who serve as greeters · Shabbat sponsors & donors.

Music to Soothe the Soul

"Beautiful City" was written in 1972 as part of the film Godspell and was re-written in 1993, following the Rodney King riots in Los Angeles. Here, we offer a recording of this very moving song taken from the recent 25th anniversary celebration for CBST's treasured staff member Tasha Calhoun, on February 9. It is sung by Cantorial Intern David Fair with Music Director Joyce Rosenzweig at the piano. We offer this as a prayer of hope for our beloved city and for the many souls throughout the world who are suffering at this time.
OPENING PRAYERS AND MEDITATIONS

Hinei Ma Tov
Rick Recht (born 1970)*
Folk Melody*

Hinei Ma Tov
Elana Arian (Born 1981)*

Candle Blessing
Abraham Wolf Binder (1895-1967)

Shalom Aleichem
Israel Goldfarb (1879-1956)

KABBALAT SHABBAT/WELCOMING SHABBAT

L'chu N'ran'nah (Psalm 95)
Abayudaya Ugandan*

Shiru Ladonai (Psalm 96)
Shlomo Carlebach (1926-1994)*

Mizmor L'David (Psalm 29)
Shlomo Carlebach (1926-1994)*

L'chah Dodi (Shlomo Alkabetz)
Abuyadan Ugandan*

Moshe Laufer*

Prayer for Healers
Shefa Gold (Born 1955)*

MA'ARIV/THE EVENING SERVICE

Bar'chu
Nusach

Hama'ariv Aravim
Nusach

Ahat Olam
Eric Mandell (1903-1988)*

Sh'ma Yisrael
Salomon Sulzer (1804-1890)

V'ahavta
Torah Cantillation (Trope)

Mi Chamochah
Dan Nichols (Born 1969)*

Let There Be Love/Hashkiveinu
Noah Aronson (Born 1985) & Dan Singer (Born 1974)*

V'shamru
Debbie Friedman (1951-2011)*

Chatzi Kaddish
Nusach

Mourning Into Dancing
Debbie Friedman (1951-2011)*

(Based on Psalm 30)

Oseh Shalom
Debbie Friedman (1951-2011)*

Ana El Na
Daphna Rosenberg & Naveh Agmon

Kaddish L'Levi
Debbie Friedman (1951-2011)*

Prayer for Our Country
Nusach

DRASHAH: RABBI SHARON KLEINBAUM:

B'tzeit Yisrael (Psalm 114)
Yedidya Admon Gorochav (1894-1982)*

Pitchu Li (Psalm 118)
Shlomo Carlebach (1926-1994)*

Aleinu
Salomon Sulzer (1804-1890)

Counting of the Omer
This Week’s Shabbat Services

<table>
<thead>
<tr>
<th>Friday, Apr. 24 / 1 Iyyar</th>
<th>Saturday, Apr. 25 / 1 Iyyar</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kabbalat Shabbat, 6:30 pm</td>
<td>Shabbat Morn.–Torah Study, 10 am</td>
</tr>
<tr>
<td>Ba’al Tefillah: David Fair</td>
<td>There will NOT be a regular Shabbat morning service. Instead, Rabbi Rapport will lead an in-depth Torah Study on the Parashat HaShavua, Tazria-Metzora.</td>
</tr>
<tr>
<td>Piano: Music Director</td>
<td>D’var Torah: Rabbi Yael Rapport</td>
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<tr>
<td>Joyce Rosenzweig</td>
<td>RSVP here to be sent the Zoom link</td>
</tr>
<tr>
<td>Service Leader &amp; Drashah:</td>
<td>Families with Children</td>
</tr>
<tr>
<td>Rabbi Sharon Kleinbaum</td>
<td>• Limmud b’Shabbat (K-8): 10:00 am; Zoom links will be shared by class teachers. K-6 students can learn Hebrew with Jennifer Kleinbaum by appointment.</td>
</tr>
<tr>
<td></td>
<td>• Alef Bet Shabbat Live on Facebook: 11:45 am</td>
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<td></td>
<td>• Teen Track Shabbat: 1:30 pm</td>
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<td></td>
<td>• Limmud Parenting Discussion – “Parenting During COVID-19”: 1:30 pm</td>
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<td></td>
<td>Havdalah, 9 pm (please note the changed time!)</td>
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<td></td>
<td>Service Leader: Rabbi Marisa James</td>
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<tr>
<td></td>
<td>Zoom: <a href="https://zoom.us/j/654880356">https://zoom.us/j/654880356</a></td>
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<tr>
<td></td>
<td>Meeting ID: 654 880 356; phone: +1 646 876 9923 (New York)</td>
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</tbody>
</table>
COMPOSER FEATURE: Debbie Friedman

Debbie Friedman was one of the most influential and beloved Jewish musical figures of the past forty years. She recorded twenty-one albums of her original music, much of which has is popular with nearly all of the Jewish denominations. Originally influenced by American popular music of the 1960s and 1970s, she in turn has influenced younger singers and songwriters with her own dynamic style. Citing her wide influence in synagogue music and her impact as faculty member in her final years, Hebrew Union College-Jewish Institute of Religion renamed their Cantorial School the “Debbie Friedman School of Sacred Music” in 2011.

Let There Be Love/Hashkiveinu

Let there be love
And understanding among us
Let peace and friendship be our shelter from life’s storm
Hashkiveinu, Adonai Eloheinu
Hashkiveinu l’shalom

Mourning into Dancing

Music: Debbie Friedman; Text: Based on Psalm 30
You turn my mourning into dancing, so that my soul might sing to You
So that my soul sing to You and it not be stilled.

Chorus: Oh God, my God, forever I will thank You, Odekah!

Now, I sing praises to the Holy One, who lifts me up when I have fallen.
And I cry to You to heal me and You have answered all my prayers. Chorus

I ask that You be gracious and hear me, Adonai.
I have called to You to help me
And You’ve supported me with joy! Chorus
Prayer for Healers

May the One who blessed our ancestors
Bless all those who put themselves at risk to care for the sick
Physicians and nurses and orderlies
Technicians and home health aides
EMTs and pharmacists
Hospital social workers and respiratory therapists

(Please include other frontline healthcare workers. And bless especially _______)

Who navigate the unfolding dangers of the world each day,
To tend to those they have sworn to help.
Bless them in their coming home and bless them in their going out.
Ease their fear. Sustain them.
Source of all breath, healer of all beings,
Protect them and restore their hope.
Strengthen them, that they may bring strength;
Keep them in health, that they may bring healing.
Help them know again a time when they can breathe without fear.
Bless the sacred work of their hands.
May this plague pass from among us, speedily and in our days.

Rabbi Ayelet S. Cohen, March 2020
Hebrew by Rabbi Noa Sattath
We include in our healing prayers all those currently afflicted with COVID-19, in the CBST community & at large. We also include in our prayers the almost 14,000 immigrant children in US custody, most of whom are separated from their families. This list is for those with acute illness. Any member can submit their name for one-month inclusion. We only print names of members who have consented. You may say any name aloud during the healing prayer. If you or a CBST member you know is ill & would like support, contact cbstoffice@cbst.org. We're here for you.

Yortzeits 1 Iyyar to 7 Iyyar 5780

Members memorialized on the Wine Family Sanctuary Memorial Wall

Roger Chung                    Steven Shapiro                Jonathan Stowe
Marcelino Nieves Heuman       Burton Sheinhaus              Larry Silver
Lawrence Schneer

Family & Friends memorialized on plaques on the Kuriel Chapel Memorial Wall

Jim Byrne                      Arthur Goldberg             Ben Vader
Samuel Drechsler               Sylvia Kaplowitz            Clara Warshow
Leon Edelson                   David Kerman

Condolences

The CBST community extends condolences to mourners among us:

CBST member Joseph DeLeo on the death of his husband, Lawrence Levinson, z”l, who died Apr. 10 at age 82.
CBST member Martin Elgarten on the death of his niece, Laurie Brickel, z”l, who died Apr. 17, age 66.
CBST member Joy Gershman on the death of her aunt, Sarah Herbst, z”l, who died Apr. 19 from COVID-19 at age 90.
CBST member Lise Brown on the death of her cousin, Frank Brecher, z”l, who died Apr. 19 from COVID-19 at age 88.
CBST member Richard Orient on the death of his mother-in-law, Florence “Fussie” Land Carples, z”l, who died Apr. 20 at age 94.
CBST members Cindy Rizzo and Jennifer Schwam on the death of their beloved friend, Sherrie Theriault, z”l, who died Apr. 22 at age 56 of complications from COVID-19.
CBST member Rabbi Jo Hirschmann on the death of her aunt, Dorothy Dutton, z”l, who died Apr. 22 at age 95 from complications of COVID-19.
CBST member Michele Zalkin on the death of her beloved friend, Rick Unterberg, z”l, who died Apr. 23 from COVID-19.
CBST member Mitchell Bloom on the death of his beloved friend, Richard Galgano, z”l, who died Apr. 24 from COVID-19. May God comfort you among all who mourn. We pray for peace.
We also offer condolences to the families, friends, and communities of all those who are dying each day from the COVID-19 pandemic. As of today, the death rates are 7.72% in New York City, 7.92% in New York State, 5.71% across the United States, and 7.01% worldwide.

**PRAYER for OUR COUNTRY** Rabbi Ayelet Cohen

Our God and God of our ancestors,

bless this country and all who dwell within it.

Help us to experience the blessings of our lives and circumstances,
To be vigilant, compassionate, and brave.

Strengthen us when we are afraid,
Help us to channel our anger, so that it motivates us to action.
Help us to feel our fear, so that we do not become numb.
Help us to be generous with others, so that we raise each other up.
Help us to be humble in our fear,

knoing that as vulnerable as we feel,
there are those at greater risk, and
that it is our holy work to stand with them.

Help us to taste the sweetness of liberty,
To not take for granted the freedoms won
in generations past or in recent days.

To heal and nourish our democracy,
that it may be like a tree planted by the water
whose roots reach down to the stream;
it need not fear drought when it comes,
its leaves are always green (Jeremiah 17:8).

Source of all Life,
Guide our leaders with righteousness
Strengthen their hearts, but keep them from hardening.

That they may use their influence and authority to

speak truth and act for justice (Isaiah 16:3-5).

May all who dwell in this country
share in its bounty, enjoy its freedoms,
and be protected by its laws.

May this nation use its power and wealth

to be a voice for justice,

peace, and equality for all who dwell on earth.

May we be strong and have courage
To be bold in our action and deep in our compassion,
To discern when we must listen and when we must act,
To uproot bigotry, intolerance, misogyny, racism,
discrimination, and violence in all its forms,
To celebrate the many faces of God reflected
in the wondrous diversity of humanity,

To welcome the stranger and the immigrant
and to honor the gifts of those who seek refuge
and possibility here, as they have since
before this nation was born.

Let justice well up like waters, and righteousness

like a mighty stream (Amos 5:24)

Hebrew by Rabbi Noa Sattath
Pirkei Avot Study with Rabbi Moskowitz
Monday through Thursday until Shavuot,
4-4:30 pm
ZOOM: [https://zoom.us/j/92665533458](https://zoom.us/j/92665533458)
Meeting ID: 926 6553 3458; Call-in: +1 646 876 9923 or +1 301 715 8592
Pirkei Avot, a classic of Jewish ethics, is customarily studied between Passover and Shavuot to prepare us to accept the Torah. Our class will start at the beginning and learn one mishnah a class, in order. No experience necessary; no Hebrew necessary; no registration required. All are welcome!

Photo Credit: Emil Salman

A Look Back: Yom Hashoah Commemoration (April 20)

CBST & Downtown Jewish Life commemorated Yom Hashoah in a moving ceremony which you can see [here](https://www.cbst.org). 6 CBST children and teens who are grandchildren of survivors lit 6 candles in memory of those 6 million who didn't survive. CBST member Rick Landman lit a 7th candle in memory of all the others who were killed by the Nazis. Rabbi Kleinbaum’s contribution to the program was not broadcast because of a technology problem. CBST Music Director Joyce Rosenzweig and Cantorial Intern David Fair shared music.
Rabbi Kleinbaum appeared this past week on Voice of America's “Plugged In with Greta Van Susteren” to discuss the impact of social distancing on faith in an episode on “Coronavirus Crisis: Faith & Religion.”

Dr. David Reich, long-time CBST member and president of Mount Sinai Hospital, was interviewed on CBS' 60 Minutes about the coronavirus and plasma therapy treatments.

JOB LISTING: Director of Development, CBST:
Applications reviewed on a rolling basis until the position is filled.
To apply online, visit https://app.trinethire.com/companies/22607-cbst/jobs

CBST Community Cultural Recommendations
Got some recommendations for spiritually nourishing books, songs, movies, or other ways of passing the time in quarantine? Share them with the community here!

Planned Giving
When you remember CBST in your planned giving, you leave a special legacy that helps your community meet the needs of the future.
Questions? Contact Ann at giving@cbst.org.

Sutton Place Synagogue Egalitarian Morning & Afternoon Minyans:
Email Harold for the password.

CBST COVID-19 Resources list Google doc

Zoom Instructions - click this link!
Please "arrive" 10 minutes early for any Zoom call so we can start on time. Thanks!

Open to all

Connecting in Community with CRRI Deborah Megdal
Fridays, 3-4 pm, Zoom: [https://zoom.us/j/256347787](https://zoom.us/j/256347787)
Meeting ID: 256 347 787; by phone: +1 646 876 9923
In this stressful time, we need to love, support, and listen to one another with an open heart. All are invited to a short text study & support session. No registration required.

Psalm Study with Rabbi Kleinbaum
Mondays through Thursdays, 10-10:45 am
ZOOM INFORMATION: [https://zoom.us/j/513468144](https://zoom.us/j/513468144)
Meeting ID: 513 468 144; Call in: +1 646 876 9923; Recordings available [HERE](https://zoom.us/j/513468144); now updated!
Join in study of the Book of Psalms with Rabbi Kleinbaum. No experience necessary!
Pirkei Avot Study with Rabbi Moskowitz  
Monday through Thursday until Shavuot, 4-4:30 pm  
**ZOOM INFORMATION**: [https://zoom.us/j/92665533458](https://zoom.us/j/92665533458)  
Meeting ID: 926 6553 3458; Call-in: +1 646 876 9923 or +1 301 715 8592 US  
This tractate of mishnayot focuses on the ethical teachings of the Rabbis and is customarily studied between Passover and Shavuot to better prepare us to accept the Torah. The class will start at the beginning and learn one mishnah a class, in order. **No experience necessary.**

Graceful Masculinity Class with Rabbi Moskowitz  
Thursdays at 7:30 pm  
**ZOOM INFORMATION**: [https://zoom.us/j/97040465369](https://zoom.us/j/97040465369)  
Meeting ID: 970 4046 5369; Call-in: +1 646 876 9923 or +1 301 715 8592  
Masculinity, as an attribute, can be healthy or destructive. Toxic masculinity—misplaced anger, aggression, manipulation, violence, emotional sterility, & more—is a spiritual health crisis. This class will explore how G-d & Jewish tradition give language to masculinity in positive, healthy, & graceful ways, framed around the weekly Torah portion.

Aleinu Art For All: Part 1 via Zoom  
Sunday, April 26, 2 pm; **Brought to you by Aleinu, open to all**  
Zoom: [https://zoom.us/j/785968418](https://zoom.us/j/785968418) Meeting ID: 785 968 418; by phone: +1 646 876 9923 or +1 301 715 8592  
Join Aleinu member and artist Bari Resnick in this first in our series of beginners' art classes led by various artists in our community. We'll begin with some basic drawing lessons, learning how to break down forms and practicing by creating a still life using any medium (pen, pencil, etc.). Then, we'll learn some watercolor/ink techniques that can be done with various accessible media such as coffee! No experience needed, just a chance to relax, learn a new skill, and get in touch with your creative side.
Israeli-Palestinian Memorial Day Ceremony, hosted by Combatants for Peace and the Parents Circle - Families Forum; CBST is co-sponsoring
Monday, April 27, 1:30 pm, virtual
For the past fifteen years, thousands of Israelis and Palestinians have stood together on Yom HaZikaron/Israeli Memorial Day to acknowledge the pain of those living on the "other side" and to envision a better future together. CBST is co-sponsoring. Rabbi Kleinbaum and Rabbi Ayelet Cohen encourage you to sign up here to join!

Monday, April 27, 6-7:15 pm, via Zoom; for CBST members only
Rabbi Sharon Kleinbaum and Rabbi Marisa James will moderate a discussion with:
  • Sanctuary and Immigration Clinic: Noemi Masliah
  • Democracy in Action: Sabrina Farber
  • House of Peace: Harold Levine and Ira Rosenblum
  • Ending Mass Incarceration: Lee Goldberg and Laurie Magid

Taking the Violent White Supremacist Movement to Court
Tuesday, April 28, 6:30-8 pm, virtual; register for login info
CBST is co-sponsoring this event with Integrity First for America.
Immigration Clinic Volunteer Training

Wednesday, April 29, 6 pm; Zoom (link provided upon RSVP)

CBST's weekly Pro Se Immigration Legal Clinic continues to support our immigrant friends online, and new volunteers are welcome! If you have never volunteered in clinic, or you completed a training more than 4 months ago, join us for this 1.5-hour training. We will focus on our clinic philosophy and values, explain our online clinic procedures, and give an introduction to the I-589 Application for Asylum.

Living Successfully with HIV/AIDS

Tuesdays at 6 pm, REGISTER HERE to receive the Zoom info

Join our weekly supportive social gathering – shmooze with Rabbi James, share stories, and compare notes about what it means to be living successfully with HIV/AIDS. Sessions led by Scott A. Kramer, LCSW-R, ACSW. This group is for adults of any age who want to build community and support. Questions? Email Jesse at TalkHIV@cbst.org.

This project was funded by the New York City Department of Health and Mental Hygiene through a contract with Public Health Solutions.
Sponsorships

Tonight’s Livestream Sponsored by

Sheila Averback and Katherine Keenan in memory of my beloved friend, Annette Miller, z”l, who would have been 86, on April 21.

Sherri and Simon Dratfield

Tony Felzen in tremendous appreciation of CBST's Clergy and Lay Leadership for their care, spirit, and creativity at this time.

Stacey Harris in lieu of the retreat.

Marcy Kahn and Diane Churchill thank you, CBST, for building and supporting this virtual community.

Rosanne Leipzig and Ora Chaikin in honor of Judy Ribnick’s many, many, many contributions to CBST.

Lena Magnone to thank the CBST clergy and members, on my last Shabbat in New York. Wherever I go, I will now carry with me the blessing of being part of this community.

Livestream Supported by

Mitchell Bloom in memory of my friend, Richard Galgano, z”l, who died this morning of complications from COVID-19.

Lise Brown in memory of my cousin Frank (Billy) Brecher, z”l, who led a long and productive life.

Tanya Domi in memory of CUNY Professors William Helmreich, z”l, Michael Sorkin, z”l, & art historian Maurice Berger, z”l, a gay man who dedicated his life's work to fighting racism. All died of the coronavirus.

Michael Goldstein in honor of Alton Bader’s birthday on April 28th. We’re wishing him a happy 76th birthday and renewed good health.

Donna Gray honoring my dear friend Lena Magnone as she heads back home to Europe. It’s been such a pleasure to have you with us in the CBST community. Bon retour!

Lainey Harris, Frannie Licata to mark the first yortzeit of Lainey’s father, Michael Lazar, z”l, and to honor Rabbi Kleinbaum, the CBST team, for your comfort during these times. Love you!!

Jeany Heller in Honor of Lena Magnone - I’m so sorry your time in NYC got cut short. Your presence among us has been a blessing and you will be greatly missed.

Jinny Henenberg in honor of the myriad of domestic workers now unemployed who help us care for our children and our homes.

Kenneth Karpel and Ira Rosenblum

Larry Kay in gratitude to Leslie Gevirtz, Wendy Marks, and Jen Johnson for their help in this epidemic.

Larry Kay in gratitude to Yael Bat Chava and Tyler Watkins for their help in this epidemic.
Livestream Supported by (continued)

Danielle Korn and Linda Vogel we are sponsoring in honor of Friedl Lambert, mother of Sue Fredericks, who is an inspiration to us all.

Linda Solomon and Bonnie Siegel in memory of Linda's beautiful Auntie Rose, z”l, on her 49th yortzeit. She was a beloved woman who primarily took care of her family. Despite being a talented artist, she chose to stay in the background and let everyone else shine.

Risa Tanania in honor of my wife’s next trip around the sun. May it be filled with the light you continue to bring me.

Ellen Wertheim and Joanne Jacobson

Shabbat Morning Livestream Sponsored by

The Hoffman-Ingall Family in honor of the Retreat Committee, and its Chairs: Shelli, Gerry, and Carley. Thanks for your hard work. Next Year at Isabella Freedman!