"That very day the Eternal freed the Israelites from the land of Egypt, troop by troop."

(Exodus 12:51)
CBST Welcomes Our Hebrew-Speaking Guests!

CBST Welcomes Our Hebrew-Speaking Guests!

ב_income המ鹮ות לוחמות להזדהה עם קהילות יהודיות בישראל.

SOME OF OUR UPCOMING EVENTS...AT A GLANCE:

Feb. 3, 7 pm: Israeli Dancing with Mitch Ginsburgh
Feb. 5, 6:30 pm: Immigration Clinic Training
Feb. 8, 6 pm: Aleinu Tu B'Shvat Discussion & Vegetarian Potluck Dinner
Feb. 8, 22, 1:15 pm: “Care-Being” Text Study Group
Feb. 9, 12:30 pm: Celebrating Tasha Calhoun’s 25 Years at CBST
Feb. 12, 6 pm: Middle East & Me Guest Speaker
Feb. 14, 6:30 pm: Tu Bish'vat Seder
Feb. 17: CBST OFFICE CLOSED FOR PRESIDENTS’ DAY
Feb. 24, 7 pm: Concert for Social Justice
Mar. 2, 7 pm: Israeli Dancing with Mitch Ginsburgh
Mar. 7, 10:30 & 11:45 am: Behind the Mask: A Purim Aggadah Adventure
Mar. 9, 6 pm: Purim Celebration and Megillah Reading
Mar. 22, 10 am: Yom Iyyun (Day of Learning): Aging Begins at Birth!
Apr. 4, 10:30 & 11:45 am: Down the Nile: A Passover Aggadah Adventure
Apr. 8, 6 pm: CBST First Night Annual Community Passover Seder 5780
Apr. 9, 10, 15, 16: CBST OFFICE CLOSED FOR PASSOVER
Apr. 24-26: CBST Annual Congregational Retreat
May 11, 7 pm: Concert for Social Justice
June 7, 4 pm: 25th Annual Benefit Concert – SAVE THE DATE!
JANUARY 31, 2020 / 6 SH'VAT 5780
PARASHAT BO

OPENING PRAYERS AND MEDITATIONS

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38 כלכלת רוח של שבת Candle Blessing
40 שלוםlekhem Shalom Aleichem

KABBALAT SHABBAT/WELCOMING SHABBAT

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56 או ברעם (תהלים צז) Or Zarua (Psalm 97)
62 מזמורי ל’אר (תהלים ט) Mizmor L’David (Psalm 29)
66 כלת רורי L’chah Dodi (Shlomo Alkabetz)
72 מזמור ישיר (תהלים צז) Mizmor Shir (Psalm 92)

MA’ARIV/THE EVENING SERVICE

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88 שמא ישראלי Sh’ma Yisrael
89 חסהא V’ahavta
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98 פאוף סקינין שלום Haporeis Sukkat Shalom
102 שמח V’shamru
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118 היי לארון Yih’yu L’ratzon
118 השם שלום Oseh Shalom
130 תפלה לבריאה Prayer for Healing
138 תפלה לבריאה Prayer for Our Country

Program

DRASHAH: RABBI SHARON KLEINBAUM

140 אלוין Aleinu
150 קריאת ידrelude Mourner’s Kaddish

Program

*Killed by Joyce Rosenzweig
This Weekend’s Shabbat Services

<table>
<thead>
<tr>
<th>Friday, Jan. 31 / 6 Sh’vat</th>
<th>Saturday, Feb. 1 / 6 Sh’vat</th>
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</thead>
<tbody>
<tr>
<td>Kabbalat Shabbat, 6:30 pm</td>
<td>Shabbat Morning –</td>
</tr>
<tr>
<td>Shabbat, 6:30 pm</td>
<td>Yoga/Meditation Minyan,</td>
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<tr>
<td>Ba’al Tefillah: Cantorial Intern</td>
<td>10 am</td>
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<tr>
<td>David Fair</td>
<td>Ba’alat Tefillah, Service Leader,</td>
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<tr>
<td>Piano: Music Director Joyce Rosenzweig</td>
<td>&amp; D’var Torah: Rabbi Yael</td>
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<tr>
<td>Service Leader: Cooperberg-Rittmaster</td>
<td>Rapport</td>
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<tr>
<td>Rabbinical Intern Deborah Megdal</td>
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<td>Drashah: Rabbi Sharon Kleinbaum</td>
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</tbody>
</table>

Composer Feature: Rick Recht (“Hinei Mah Tov”)

Rick Recht is most noted for his live performances at Camp Poyntelle, Camp Ramah, Shwayder Camp, Herzl Camp, Camp Barney Medintz, URJ Camp Coleman, as well as performances at synagogues and Jewish rock festivals. He has released four Jewish albums, one live DVD performance, and also three secular albums. Recht performed with other Jewish musicians on Oy Baby 2, the sequel to a compilation of modernized traditional Jewish songs geared toward Jewish infants and children. He is best known for his “Hinei Mah Tov” and “Havdalah” settings. Recht is the founder and executive director of Jewish Rock Radio, launched in 2010.

**Koyekh**  
**Strength**

*Volts ikh gehat koyech,*  
*Volts ikh geloyfn in di gasn,*  
*Un geshrign: Shabes!*  
*Shabes, Shabes, Shabes!*  

*Volts ikh gehat koyech,*  
*Volts ikh geloyfn in di gasn,*  
*Un geshrign: Sholom!*  
*Sholom, Sholom, Sholom!*  

*Volts ikh gehat koyech,*  
*Volts ikh geloyfn in di gasn,*  
*Un geshrign: Tsedek!*  
*Tsedek, Tsedek, Tsedek!*  

Вошлес акн «шебас»  
Вошлес акн «шлам»  
Ай міне: шабес, шабес, шабес!  
Ай міне: шлам, шлам, шлам!  

וֹאָלָלֶּא אָדֶכּ נֵעַהַהֶמָּאָא  
וֹאָלָלֶּא אָדֶכּ נֵעַהַהֶמָּאָא  
אָא נָעֶרֶנֶה: שֶבֶבֶט,  
אָא נָעֶרֶנֶה: שֶלֶם,  

וֹאָלָלֶּא אָדֶכּ נֵעַהֶמָּאָא  
וֹאָלָלֶּא אָדֶכּ נֵעַהֶמָּאָא  
אָא נָעֶרֶנֶה: שֵּבֶבֶט,  
אָא נָעֶרֶנֶה: שֶלֶם,  

וֹאָלָלֶּא אָדֶכּ נֵעַהֶמָּאָא  
וֹאָלָלֶּא אָדֶכּ נֵעַהֶמָּאָא  
אָא נָעֶרֶנֶה: שְּבֵבֶט,  
אָא נָעֶרֶנֶה: שֶלֶם.
Refuah Shleimah – Healing Prayers

Ester bat Bryna Sima v'Abraham
Chaim ben Yehoshuah v'Sarah-Dina
Frank Ferrara
Jinny Henenberg

This list is for those with acute illness. Any member can submit their name for one-month inclusion. We only print names of members who have consented. You may say any name aloud during the healing prayer. If you or a CBST member you know is ill & would like support, contact cbstoffice@cbst.org. We’re here for you. We include in our prayers the almost 14,000 immigrant children in US custody, most of whom are separated from their families.

Yortzeits 6 to 12 Sh’vat 5780

Members memorialized on the Wine Family Sanctuary Memorial Wall
Jerrold Klein          Marvin Sussman
Paul Reisch           Marilyn Tessler

Family & Friends memorialized on plaques on the Kuriel Chapel Memorial Wall
Mildred Bokor          Rita Krasney          Larry Scheckner
Jack Doner             Betty Lefkowitz       Kim Spellman
Ruth Goldberg          Sarah Marcus          Thea Spyer
Robert Daniel Kay      Yehiel Novikov        Albert Wahnon

Condolences

We are saddened to announce the death of Dr. Charles ("Chic") Henry Felson, z"l, father of CBST member Ethan Felson and father-in-law of CBST member Daniel Schapira. He died January 28 at the age of 88.

The CBST community extends condolences to mourners among us.
May God comfort you among all who mourn. We pray for peace.
PRAYER for OUR COUNTRY  Rabbi Ayelet Cohen

Our God and God of our ancestors,
bless this country and all who dwell within it.
Help us to experience the blessings of our lives and circumstances,
To be vigilant, compassionate, and brave.
Strengthen us when we are afraid,
Help us to channel our anger, so that it motivates us to action.
Help us to feel our fear, so that we do not become numb.
Help us to be generous with others, so that we raise each other up.
Help us to be humble in our fear,
knowing that as vulnerable as we feel,
there are those at greater risk, and
that it is our holy work to stand with them.
Help us to taste the sweetness of liberty,
To not take for granted the freedoms won
in generations past or in recent days.
To heal and nourish our democracy,
that it may be like a tree planted by the water
whose roots reach down to the stream;
it need not fear drought when it comes,
its leaves are always green (Jeremiah 17:8).

Source of all Life,
Guide our leaders with righteousness,
Strengthen their hearts, but keep them from hardening.
That they may use their influence and authority to
speak truth and act for justice (Isaiah 16:3-5).
May all who dwell in this country
share in its bounty, enjoy its freedoms,
and be protected by its laws.
May this nation use its power and wealth
to be a voice for justice,
peace, and equality for all who dwell on earth.
May we be strong and have courage
To be bold in our action and deep in our compassion,
To discern when we must listen and when we must act,
To uproot bigotry, intolerance, misogyny, racism,
discrimination, and violence in all its forms,
To celebrate the many faces of God reflected
in the wondrous diversity of humanity,
To welcome the stranger and the immigrant
and to honor the gifts of those who seek refuge
and possibility here, as they have since
before this nation was born.
Let justice well up like waters, and righteousness
like a mighty stream (Amos 5:24)

Hebrew by Rabbi Noa Sattath
### Next Week’s Shabbat Services

<table>
<thead>
<tr>
<th>Friday, Feb. 7 / 13 Sh’vat</th>
<th>Saturday, Feb. 8 / 13 Sh’vat</th>
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<tbody>
<tr>
<td>Kabbalat Shabbat, 6:30 pm; CBST Anniversary Shabbat</td>
<td>Shabbat Morning – Liberal Minyan, 10 am; Bar Mitzvah of Jeremiah Wolf</td>
</tr>
<tr>
<td><em>Ba’alei Tefillah:</em> Cantorial Intern David Fair, Larry Kay</td>
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<tr>
<td><em>Guest Speaker:</em> Bishop Zachary Jones</td>
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<tr>
<td>Limmud B’Shabbat: 10:00 am</td>
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<tr>
<td>Alef Bet Shabbat: 11:45 am</td>
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<tr>
<td>Care-Being Text Study Group: 1:15 pm</td>
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</tbody>
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### Families with Children 5780 / 2019-2020

Limmud b’Shabbat & Teen Track registration still open! More info & forms: [cbst.org/limmud](http://cbst.org/limmud)

From birth through high school, we provide learning opportunities for children & families.

- **Ages 0-5:** Alef-Bet Shabbat: 2/8, 2/22 -- 11:45 am
- **Grades K-8:** Limmud b’Shabbat - 2/8, 2/22 -- 10 am
- **Grades 9-12:** Teen Track and L’Taken trip – 2/22 -- 1:30-3 pm; L’Taken Social Justice Program: 4 days of advocacy & action in Washington, DC, **2/28 – 3/2**
- **B’nai Mitzvah (6-8th graders only)** Social Justice Project - Period Pantry to benefit Transitional Living Community **2/2 -- 1-3 pm (in Brooklyn);** ADVANCE REGISTRATION REQUIRED
- **Parent Discussion Group with Rabbi Yael Rapport:** 2/22 -- 12:45-2 pm
**Ruth’s Path:** A new group for people who are converting, have converted, & have questions about or are considering conversion to Judaism. The group will experience Jewish culture, exhibits, & music together. For more, email Cooperberg-Rittmaster Rabbinical Intern Ben Dyme (bdyme@cbst.org).

**TIME UPDATE: Lehrhaus 5780: “Care-Being” Text Study & Support Group**
Cooperberg-Rittmaster Rabbinical Intern Deborah Megdal will lead a group for caregivers, in all the forms that we care for those we love. We'll study one text each session & open up about our joys, struggles, & fears. Last year’s drashah: bit.ly/CRRI-Deborah-Megdal-Drashah

**Aleinu Havdalah Hangout: Tu B'Shvat Discussion & Vegetarian Potluck**
*Saturday, 2/8 at 6 pm; REGISTER BY 1/28: bit.ly/AleinuTuBShvatHavdalah*
Join Aleinu members Carley & Tamarah Balazs in their Brooklyn home. We’ll honor the New Year for Trees by learning about ecological & agricultural research and technology coming out of Israel & initiatives you can get involved with in NYC.

**The Middle East & Me: Guest Speaker Barbara Ribakove**
*Wednesday, 2/12, 6 pm, at CBST; open to all; middleeast@cbst.org*
Barbara Ribakove, founder & executive director of the North American Conference on Ethiopian Jewry (NACOEJ), will speak about the Ethiopian community in Israel and its challenges & NACOEJ's programs.

**Tu Bish'vat Seder**
*Friday, 2/14, 6:30pm, at CBST*
Journey through the four kabbalistic worlds, eating traditional fruits, nuts, and four cups of wine as we celebrate the New Year of the Trees!

**CBST Trans Pride Mezuzah Cover -- bit.ly/TransPrideMezuzah**
To celebrate trans, nonbinary, & gender-nonconforming friends & family.
Bold, Spiritual Community of Resistance & Love

Immigration Clinic Training
Wednesday, February 5, 6:30-8 pm, CBST; REGISTER: bit.ly/clinictrainingfeb5
If you aren't a lawyer & want to volunteer at our weekly pro se clinic, we'll be hosting an Immigration Clinic Training for the general public with our partners Seeking Asylum and Finding Empowerment and New Sanctuary Coalition. You'll get training on the skills you need to provide much-needed assistance at clinic.

Concert for Social Justice
Monday, February 24, 7-8:30 pm, CBST; reception follows
CBST member and violist Adria Benjamin & her esteemed colleagues present chamber music to bring us beauty, meaning, & comfort. Admission and your gift of any amount support music at CBST and our bold social justice work. Tickets: $20 in advance or $25 at the door + requested contribution. Donors who give $180 or more will be acknowledged as sponsors on the printed program.

The CBST Bail Bond Fund
One of the most immediate ways to reunite detained immigrants with their families is paying their bail; the detainee is released to pursue their case while living in their community. Make your tax-deductible contribution by check with memo: CBST Bail Bond Fund or give at bit.ly/cbstbailbond. Proceeds support New Sanctuary Coalition's "Life Bond Fund," which has freed 25 immigrants.
Bold, Spiritual Community of Resistance & Love

RUSA LGBT  Wednesdays, 6 pm, CBST

Sanctuary at CBST: Weekly Pro Se Immigration Legal Clinic
Wednesdays, 6-8:30 pm, CBST
Community members assist immigrants & asylum seekers with asylum applications & other steps on their paths through our labyrinthine immigration system. New volunteers always welcome! Email Noah Habeeb (sanctuary@cbst.org) for info & let us know you'll be joining us so we can provide training &/or mentoring.

Resistance: Calls and Cards
Thursdays, 12:30-2 pm, CBST
Got something to say to your government? We'll provide pizza & coach you to make phone calls & write postcards to your elected officials. Make your voice heard in DC & Albany. Bring a cell phone & your fighting spirit! Questions? Contact Sabrina (sabrinalfarber@gmail.com).
Welcoming Visit at Islamic Center at NYU
Fridays, 12:45-2:30 pm, 238 Thompson St.
Questions? Harold Levine
(houseofpeace@cbst.org);
Welcome worshippers to Jummah midday prayer every (or any!) Friday. Send a clear message that we stand with our Muslim neighbors. No RSVP needed.

In the Wider Community

Gay Chorus Deep South – Singing Their Way to Respect
2/5, 6:30 pm, Temple Emanu-El, 10 E 66th St.
What happened when the San Francisco Gay Men’s Chorus teamed up with the Oakland Interfaith Gospel Choir in the wake of the 2016 election for a journey from Mississippi to Tennessee? Not what you might imagine, because the sublime spirit of music, the power of community, and a little drag trumped all expectation! Sheila Nevins, Executive Producer at MTV Documentary Films, will screen the award-winning documentary, Gay Chorus Deep South, and discuss its impact with chorus member Ashlé Blow, director David Charles Rodrigues, and conductor Tim Seelig.

Taking on White Nationalist Violence
2/19, 6:30-8 pm, Temple Emanu-El, 10 E 66th St.
A landmark lawsuit against the 2017 Charlottesville march's organizers is taking on white nationalist leadership. Join us for a discussion of the lawsuit and its potential to turn back the tide of hate with its co-lead counsels and plaintiff.
Sponsorships

All are welcome at the oneg following the service.

Deluxe Oneg Ellen, Janet, Sabrina, and Ben in loving memory of Elsie Shapiro, z”l, on her 17th yortzeit. Forever defending the vulnerable, preserving our city, and making the world a better place. We miss you every day.

Oneg Barbara Dolgin & Hanna Gafni, in loving memory of our sister-in-law Deborah Dolgin, z”l, on her 13th yortzeit.

Oneg Ken Krasney and Terry Hughes, and Jonathan Krasney and Amy Krasney-Levy in memory of our mother, Rita Byeff Krasney, z”l, on her 50th yortzeit. She died too young but left us wonderful and loving memories.

Oneg Fredric Miggins and his mother Sara Miggins on the fifth yortzeit of his father, Richard Miggins, z”l.

Oneg Laurie Siegel in loving memory of my mother, Molla Schumer Siegel, z”l, on her 50th yortzeit. Mom, The time was too short but I follow your guidance every day.

Livestream Supported by Sue Kanrich

Bimah Flowers sponsored by David Wine & Michael MacElhenny

To sponsor an oneg or kiddush, please contact Ruth at giving@cbst.org or 212-929-9498, ext. 815.

Thanks to: Better Events Sound Technician · our Facilities Staff Jorge Loyola, Teresa Gutiérrez, Russell Enmanuel, & Pablo Crespo · Members & Friends who serve as greeters · Shabbat sponsors & donors.