

# SHABBAT PROGRAM

**JANUARY 22-23, 2021 / 10 SH'VAT 5781**  
**PARSHAT BO**

וַיְהִי בַּעֲצֵם הַיּוֹם הַזֶּה הוֹצִיא ה' אֶת-בְּנֵי יִשְׂרָאֵל מֵאֶרֶץ מִצְרַיִם עַל-עֲבֹאֲתָם.  
"That very day the Eternal freed the Israelites from the land of Egypt, troop  
by troop." (Exodus 12:51)

Rabbi Sharon Kleinbaum, D.D., SENIOR RABBI  
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Rabbi Yael Rooks Rapport, ASSOCIATE RABBI  
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Rabbi Mike Moskowitz, SCHOLAR-IN-RESIDENCE  
Joyce Rosenzweig, MUSIC DIRECTOR



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## CBST Welcomes Our Hebrew-Speaking Guests!

ברוכים וברוכות הבאים לקהילת בית שמחת תורה! קהילת בית שמחת תורה מקיימת קשר רב שנים ועמוק עם ישראל, עם הבית הפתוח בירושלים לגאווה ולסובלנות ועם הקהילה הגאה בישראל. אנחנו מזמינים אתכם לרגל ימות יהדות ליבראלית גם בישראל! מצאו את המידע על קהילות רפורמיות המזמינות אתכם לחגוג את סיפור החיים שלכם בפלאיירים בכניסה. לפרטים נוספים ניתן לפנות לרב נועה סתת: [noa@irac.org](mailto:noa@irac.org)

“The CBST community knows what it takes to live through a plague. Love and compassion and support are at the center of survival. Remember to be kind and generous while being cautious and vigilant about staying healthy and keeping others safe. We will continue being a powerful spiritual community of resistance and love. May the Holy One surround you and your loved ones and give you strength and comfort as we face the uncertainty of the times we are in. Be the reason people have faith in the goodness of others.” —**Rabbi Sharon Kleinbaum**

**Thanks to:** Shabbat sponsors & donors · Better Events Sound Technicians

**JANUARY 22, 2021 / 10 SH'VAT 5781**  
**PARSHAT BO**

**OPENING PRAYERS AND MEDITATIONS הַלַּב הַכֶּנֶת**

39	שֶׁחֵחֵנוּ	Shehecheyanu	Tzvika Pik
38	הַדִּלְקַת נֵרוֹת שֶׁל שַׁבָּת	Candle Blessing	Abraham Wolf Binder (1895-1967)*
40	שְׁלוֹם עָלֵיכֶם	Shalom Aleichem	Israel Goldfarb (1879-1956)*

**KABBALAT SHABBAT / WELCOMING SHABBAT שַׁבָּת קַבֵּלָת**

52	(תהלים צה) לְכוּ נִרְנְנָה	L'chu N'ran'nah (Psalm 95)	Jordan Franzel (Born 1969)*
54	שִׁירוּ לַה' (תהלים צו)	Shiru Ladonai (Psalm 96)	Jordan Franzel (Born 1969)*
62	מִזְמוֹר לְדָוִד (תהלים כט)	Mizmor L'David (Psalm 29)	Western Sephardic Melody*
66	לֶכָּה דוּדִי	L'chah Dodi (Shlomo Alkabetz)	Abayudaya Ugandan*
		From June, 2019	Moshe Laufer*
72	מִזְמוֹר שִׁיר (תהלים צב)	Mizmor Shir (Psalm 92)	Louis Lewandowski (1821-1894)*

**MA'ARIV / THE EVENING SERVICE**

**מַעֲרִיב**

78	בָּרְכוּ	Bar'chu	Nusach
80	הַמַּעֲרִיב עֲרָבִים	Hama'ariv Aravim	Nusach
86	אַהֲבַת עוֹלָם	Ahavat Olam	Eric Mandell (1903-1988)*
88	שְׁמַע יִשְׂרָאֵל	Sh'ma Yisrael	Salomon Sulzer (1804-1890)
89	וְאַהֲבַת	V'ahavta	Torah Cantillation (Trobe)
94	מִי כַמּוֹחַ	Mi Chamochah	Hanna Tiferet Siegel (Born 1948)*
98	הַשְׁכִּיבֵנוּ	Hashkiveinu	Abraham Wolf Binder (1895-1967)*
102	וְשָׁמְרוּ	V'shamru	Sephardic Melody (Los Bilbilicos)*
104	חֲצִי קָדִישׁ	Chatsi Kaddish	Nusach
	עֲמִידָה	Silent Amidah	
Program		Mourning into Dancing (Adapted from Psalm 30)	Debbie Friedman (1950-2011)*
118		Oseh Shalom	Debbie Friedman (1950-2011)*
130	תְּפִלָּה לְרִפּוּאָה	Prayer for Healing	
Program	תְּפִלָּה לְמִדְיָנָה	Prayer for Our Country	
138	קָדִישׁ שְׁלָם	Kaddish Shalem	Nusach

**REFLECTIONS AND D'VAR TORAH: RABBI SHARON KLEINBAUM AND RABBI MARISA JAMES**

	House of Peace /		
	Women's March Slideshow		
	Imam Khalid Latif		
	Mizmor Shir Chanukat Habayit	Jacob Lefkowitz (1913-2009), ed.	
		David Lefkowitz (born 1941)	
Program	Rededication of the House	Rabbi Ayelet Cohen	
Program	Somewhere, from June, 2020 (Social Justice Concert Ensemble)	Leonard Bernstein (1918-1990)	

## CONCLUDING PRAYERS

הַתְּפִלָּה סיום

140	עֲלֵינוּ	Aleinu	Salomon Sulzer (1804-1890)*
150	קְדִישׁ יְתוֹם	Mourner's Kaddish	

## ANNOUNCEMENTS: CBST PRESIDENT SABRINA FARBER

Program		This Land is Your Land	Woodie Guthrie (1912-1967)*
156	הַמוֹצָיא & קִידוּשׁ	Kiddush & Motzi	Louis Lewandowski (1821-1894)

Postlude

*\*Arranged by Joyce Rosenzweig*

## COMPOSER FEATURE

**Jordan S. Franzel** (Born 1969) has served Congregation Or Ami in Lafayette Hill, PA since July of 2002. He received his Masters of Sacred Music from HUC – JIR – Debbie Friedman School of Sacred Music and was ordained as a Cantor in 1996. Prior to his pulpit in Pennsylvania, Cantor Franzel served as Senior Cantor of Central Synagogue in New York City and the Touro Synagogue in New Orleans, Louisiana. He has been on the faculty of the URJ summer Kallah, has been a guest faculty of the Hava Nashira Institute for Jewish Songleaders and Musicians, and has served on the editorial board for the different forms of the union songbook, Shireinu. Cantor Franzel's music has been utilized at Hebrew Union College, various congregations and camps around the country and beyond, and most recently at a URJ biennial. Cantor Franzel is a member of the American Conference of Cantors, is a fellow of the Institute for Jewish Spirituality, and is a serious and longtime devotee of Kabbalah and Jewish mysticism.

## Mourning into Dancing

Music: Debbie Friedman

Text: Based on Psalm 30

You turn my mourning into dancing, so that my soul might sing to You.  
So that my soul sing to You and it not be stilled.  
Oh, God, my God, forever I will thank You.  
Oh, God, my God, forever I will thank You – odekah!

Now, I sing praises to the Holy One, who lifts me up when I have fallen.  
And I cry to You to heal me and You have answered all my prayers.

I ask that You be gracious and hear me, Adonai.  
I have called to You to help me and You've supported me with joy!

# **This Land Is Your Land**

Woody Guthrie

This land is your land, this land is my land  
From California to the New York Island  
From the Redwood Forest  
to the Gulf Stream waters  
This land was made for you and me.

As I was walking that ribbon of highway  
I saw above me that endless skyway  
I saw below me that golden valley  
This land was made for you and me.

When the sun came shining,  
and I was strolling  
And the wheat fields waving and  
the dust clouds rolling  
A voice was chanting,  
As the fog was lifting,  
This land was made for you and me.

## This Week's Shabbat Services

<p><b>Friday, Jan. 22 / 10 Sh'vat</b> <b>Kabbalat Shabbat, 6:30 pm</b></p> <ul style="list-style-type: none"><li>• <i>Ba'al Tefillah</i>: Cantorial Intern Sam Rosen</li><li>• <i>Piano</i>: Music Director Joyce Rosenzweig</li><li>• <i>Service Leaders</i>: Rabbi Sharon Kleinbaum &amp; Rabbi Yael Rapport</li><li>• <i>Reflections and D'var Torah</i>: Rabbi Sharon Kleinbaum and Rabbi Marisa James</li></ul> <p><b>Through gifts from generous donors, <a href="#">CBST's Friday Night Prayerbook</a> is now available for online purchase at reduced price.</b></p>	<p><b>Saturday, Jan. 23 / 10 Sh'vat</b> <b>Shabbat Morning–Liberal Minyan, 9:30 am; Zoom link <a href="#">here</a></b></p> <p><b>Bat Mitzvah of Rosie Kopelman</b></p> <ul style="list-style-type: none"><li>• <i>Service Leaders</i>: Rabbi Sharon Kleinbaum, Rabbi Yael Rapport, &amp; Rosie Kopelman</li><li>• <i>Ba'al Tefillah</i>: Cantorial Intern Sam Rosen</li><li>• <i>D'var Torah</i>: Rosie Kopelman</li></ul> <p><b>Havdalah, 7 pm; Zoom link <a href="#">here</a></b></p> <ul style="list-style-type: none"><li>• <i>Service Leader</i>: Cooperberg-Rittmaster Rabbinical Fellow Deborah Megdal</li></ul>
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## Prayer for Healers

May the One who blessed our ancestors  
Bless all those who put themselves at risk to care for the sick  
Physicians and nurses and orderlies  
Technicians and home health aides  
EMTs and pharmacists  
Hospital social workers and respiratory therapists  
(Please include other frontline healthcare workers. And bless especially \_\_\_\_\_)  
Who navigate the unfolding dangers of the world each day,  
To tend to those they have sworn to help.  
Bless them in their coming home and bless them in their going out.  
Ease their fear. Sustain them.  
Source of all breath, healer of all beings,  
Protect them and restore their hope.  
Strengthen them, that they may bring strength;  
Keep them in health, that they may bring healing.  
Help them know again a time when they can breathe without fear.  
Bless the sacred work of their hands.  
May this plague pass from among us, speedily and in our days.

מי שברך לאבותינו ולאמותינו, הוא יברך את כל צוותי הרפואה המסכנים את עצמם על מנת לרפא ולטפל  
בחולים – הרופאות והרופאים, האחים והאחיות, הטכנאיות, אנשי המשק, המטפלות, הפארמדיקים  
על עולמנו בכל יום, על מנת לרפא את . והרוקחות. (ברך במיוחד את \_\_\_\_). המנווטים בסכנה המתרגשת  
יצורי כפיד  
ברך אותם בבואם, וברך אותן בצאתן. הקל על הפחד שלהם. חזקם ואמצם .  
רופא כל בשר, הענק להם אומץ רוח ומרץ רב לעשות עבודתם נאמנה. אדון כל הנשמות, הגן עליהם והענק  
להן תקווה. חזק אותם כדי שיוכלו לחזק אחרים. הגן על בריאותן כדי שיוכלו לסייע בהחלמה. סייע להם  
להגיע לזמן שבו יוכלו לנשום עמוק בלי פחד. ברך את מלאכת ידיהן הקדושה. מגר את המגיפה מעולמנו,  
במהרה בימינו  
רפאנו ה' ונרפא, הושיענו ונושעה.

Rabbi Ayelet S. Cohen, March 2020  
Hebrew by Rabbi Noa Sattath

## Refuah Shleimah – Healing Prayers

Sasha Raizel bat Chana	Jack Meyers	Barbara Rosen
Shayna Reisha bat Chana	Rivkah bat Miriam-Malkah	Shlomo Zalman ben Shayna
Samantha Davis	v'Yidl	Risha
Sarah Tovah bat HaRav Dov	Barbara Mones	Kiev Tetra
v'Sheinah	Maya Rappaport	Urvashi Vaid
Dan Jacobson	Edward Rhubart	
Annette Kunin	Susan Ricken	

**We include in our healing prayers all those currently afflicted with COVID-19, in the CBST community & at large. We also include in our prayers the thousands of immigrant children in US custody, most of whom are separated from their families. This list is for those with acute illness. Any member can submit their name for one-month inclusion. We only print names of those who have consented. You may say any name aloud during the healing prayer. If you or a CBST member you know is ill & would like support, contact [info@cbst.org](mailto:info@cbst.org). We're here for you.**

## Yortzeits 10 Sh'vat to 16 Sh'vat 5781

**Members** memorialized on the Wine Family Sanctuary Memorial Wall

Joel Elfenbein	Philip Rosenfeld
Rosemary Getreuer	Margaret (Peggy) Traub

**Family & Friends** memorialized on plaques on the Kuriel Chapel Memorial Wall

Donald Bloom	Jean Jefferson	Philip Reichbach
Nathan Cohen	Annette Pearl Kassel	Erich Reisch
Martin Dolgin	Ronnie Kornfeld	Larry Scheckner
Jack Fineberg	Rose Leve	Alvin Sherman
Gladys Fischer	George Levine	Thea Spyer
Ethel Gershon	Stuart Marcus	
Ruth Goldberg	Mary Moers Wenig	

## Condolences

***The CBST community extends condolences to mourners among us:***

CBST members **Yvonne Gore, Brian Gore, Matthew Gore, and Claude Clancy** on the death of their cousin Hugette Van Dromme, z"l, who died on Jan. 17 at age 90.

CBST member **Rachel Wolff** on the death of her brother-in-law, Jacob Zimmer, z"l, who died on Dec. 21.

We also offer condolences to the families, friends, and communities of all those who are dying each day from the COVID-19 pandemic. As of today, the total number of deaths are:

- 26,331 in New York City;
- 41,848 in New York State;
- 420,917 across the United States;
- 2,106,818 worldwide.

***May God comfort you among all who mourn. We pray for peace.***



## PRAYER for OUR COUNTRY Rabbi Ayelet Cohen

Our God and God of our ancestors,  
bless this country and all who dwell within it.  
Help us to experience the blessings of our lives and circumstances,  
To be vigilant, compassionate, and brave.  
Strengthen us when we are afraid,  
Help us to channel our anger, so that it motivates us to action.  
Help us to feel our fear, so that we do not become numb.  
Help us to be generous with others, so that we raise each other up.  
Help us to be humble in our fear,  
knowing that as vulnerable as we feel,  
there are those at greater risk, and  
that it is our holy work to stand with them.  
Help us to taste the sweetness of liberty,  
To not take for granted the freedoms won  
in generations past or in recent days.  
To heal and nourish our democracy,  
that it may be like a tree planted by the water  
whose roots reach down to the stream;  
it need not fear drought when it comes,  
its leaves are always green (Jeremiah 17:8).  
Source of all Life,  
Guide our leaders with righteousness  
Strengthen their hearts, but keep them from hardening.  
That they may use their influence and authority to  
speak truth and act for justice (Isaiah 16:3-5).  
May all who dwell in this country  
share in its bounty, enjoy its freedoms,  
and be protected by its laws.  
May this nation use its power and wealth  
to be a voice for justice,  
peace, and equality for all who dwell on earth.  
May we be strong and have courage  
To be bold in our action and deep in our compassion,  
To discern when we must listen and when we must act,  
To uproot bigotry, intolerance, misogyny, racism,  
discrimination, and violence in all its forms,  
To celebrate the many faces of God reflected  
in the wondrous diversity of humanity,  
To welcome the stranger and the immigrant  
and to honor the gifts of those who seek refuge  
and possibility here, as they have since  
before this nation was born.  
Let justice well up like waters, and righteousness  
like a mighty stream (Amos 5:24)

אלוהינו ואלוהי אבותנו ואמותינו. ברך את ארצנו ואת כל  
היושבות והיושבים בה  
יחד לבבנו להודות לך על חיינו ועל הזמן הזה  
להיות דרוכות, אמיצים, ומלאי חמלה.  
חזקנו וחזק ידנו כאשר אנו אחוזים בפחד  
סייע בידינו לנתב את כעסנו לידי מעשה  
חזק לבבנו לחוש את מלוא הפחד שלנו  
כדי שלא נהפוך לאדישות  
סייע לנו להשפיע נדיבות על אחרים כדי שנרים זה את זה .  
סייע לנו להיות צנועות בפחד, כדי שנדע כי גם כשאנו מרגישים  
פגיעות, יש אחרות, הנמצאות בסיכון גבוה אף יותר, זוהי חובתנו  
הקדושה להיות עמן.  
ברכנו בטעם המתוק של החופש  
כדי שנשכיל להעריך את החופש לו זכינו בדורות קודמים ובעת הזו  
לרפא ולחזק את הדמוקרטיה שלנו שתהיה כְּעֵץ שְׁתוּל עַל-מַיִם,  
וְעַל-יּוֹבֵל יִשְׁלַח שָׂרָשָׁיו, וְלֹא יִרָאָה כִּי-יָבֹא חֹסֶם, וְהָיָה עֲלֵהוּ רֹעֵנָה;  
(ירמיהו יז, ח)  
שכינה, אם כל חי,  
שלחי אורך ואמתך למנהיגנו  
חזקי לבבותיהם שלא יתקשו  
שישתמשו בכוחן כדי לדבר אמת ולפעול בצדק (ישעיהו טז, ג-ה)  
מי יתן וכל יושבי הארץ יחלקו בעושרה, ישגשו בחופש שתציע, ויהיו  
מוגנים בחוקיה  
מי יתן ואומה זו תשתמש בכוחה ובעושרה על מנת לקדם צדק, חופש  
ושלום לכל יושבי תבל  
מי יתן ונהיה חזקות ואמיצים  
מי יתן ונהיה נועזים במעשי ידנו ועמוקות בחמלה שבלבנו  
שנבחין מתי עלינו להקשיב ומתי עלינו לפעול  
לעקור שנאה, גזענות, שוביניזם, אפליה, אלימות בכל צורה,  
לחגוג את צלם אלוהים בפנים שונות המשתקפות בכל המגוון האנושי  
לקבל את הזר ואת המהגרת, ולכבד את המתנות שמביא כל מי  
שמבקשת מקלט והזדמנות בארץ זו, כפי שהיה מאז לפני שאומה זו  
נולדה  
וַיִּגַּל בְּמַיִם, מִשְׁפָּט; וַיִּצְדָּקָה, כְּנַחֲלֵי אֵיתָן  
(עמוס ה כד)

Beit

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Torah

CONGREGATION

קהלה קדושה בית שמחת תורה

Featured Events

Tu Bishvat Seder

Wednesday, January 27, 6:00-7:15pm



Let's welcome Tu Bishvat—the New Year for the Trees—with all of our senses! Join Cantorial Intern Sam Rosen and CRRRI Dave Yedid for a Tu Bishvat Seder [on Wednesday](#).

## **CBST eNews**

Everything you need to know about services and programs for the week ahead.

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## SPONSORSHIPS

### TONIGHT'S LIVESTREAM / ZOOM

#### Sponsored by

**CBST Board, Clergy, and Staff** Mazel Tov to Rosie Kopelman on becoming a Bat Mitzvah this Shabbat Bo.

**Barbara Dolgin & Hanna Gafni** in loving memory of Barbara's father, Martin Dolgin, z"l, on his 15th yortzeit.

**Barbara Dolgin & Hanna Gafni** in loving memory of their sister-in-law Deborah Dolgin, z"l, on her 14th yortzeit.

**Neal Hoffman, Andy Ingall, and Shirley Hoffman-Ingall** on the occasion of the first yortzeit of Martin Hoffman, z"l.

**Peter A. Rabinowitz** in honor of the inauguration of President Joe Biden and Vice President Kamala Harris and of Senators Ossoff & Warnock taking their oaths of office. Love wins. God Bless America.

#### Supported by

**Jason Morrison** in memory of my stepdad's father, Jerry Ely, z"l. May his memory be for a blessing.

**Steven Raphael**, in memory of Aaron Fomil, z"l, - who passed away this week. He was my childhood friend Mike Fomil's father. May his name be for a blessing.

**Linda Solomon and Bonnie Siegel** to congratulate President Biden and Vice President Harris and to wish them both good health, strength, and a most successful term in office over the next four years. From strength to strength.

**Shep Wahnnon** to celebrate the inauguration of Joe Biden as President and Kamala Harris as Vice President.

### SHABBAT MORNING LIVESTREAM / ZOOM

#### Sponsored by

**The Kopelman-Richardson family** on the occasion of Rosie's Bat Mitzvah, with deep gratitude to the whole CBST community for giving us a spiritual family.

**The Kopelman-Richardson family** is also sponsoring the closed captioning for Rosie's Bat Mitzvah in memory of Rosie's grandmother, Rebecca Kopelman, z"l.

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