

SHABBAT PROGRAM

JANUARY 15-16, 2021 / 3 SH'VAT 5781
PARSHAT VAERA
DR. MARTIN LUTHER KING JR. SHABBAT

וַיֹּאמֶר ה' אֶל-מֹשֶׁה בֹּא אֶל-פַּרְעֹה וְדַבַּרְתָּ אֵלָיו כֹּה-אָמַר ה' אֱ-לֹהֵי הָעִבְרִים
שְׁלַח אֶת-עַמִּי וַיַּעֲבֹדֵנִי.

"The Eternal said to Moses, "Go to Pharaoh and say to him, 'Thus says the
Eternal, the God of the Hebrews: Let My people go that so they may serve
Me.'" (Exodus 9:1)

Rabbi Sharon Kleinbaum, D.D., SENIOR RABBI
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Yolanda Potasinski, EXECUTIVE DIRECTOR
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Rabbi Mike Moskowitz, SCHOLAR-IN-RESIDENCE
Joyce Rosenzweig, MUSIC DIRECTOR



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CBST Welcomes Our Hebrew-Speaking Guests!

ברוכים וברוכות הבאים לקהילת בית שמחת תורה! קהילת בית שמחת תורה מקיימת קשר רב שנים ועמוק עם ישראל, עם הבית הפתוח בירושלים לגאווה ולסובלנות ועם הקהילה הגאה בישראל. אנחנו מזמינים אתכם לגלות יהדות ליבראלית גם בישראל! מצאו את המידע על קהילות רפורמיות המזמינות אתכם לחגוג את סיפור החיים שלכם בפלאיירים בכניסה. לפרטים נוספים ניתן לפנות לרב נועה סתת: noa@irac.org

“The CBST community knows what it takes to live through a plague. Love and compassion and support are at the center of survival. Remember to be kind and generous while being cautious and vigilant about staying healthy and keeping others safe. We will continue being a powerful spiritual community of resistance and love. May the Holy One surround you and your loved ones and give you strength and comfort as we face the uncertainty of the times we are in. Be the reason people have faith in the goodness of others.” —**Rabbi Sharon Kleinbaum**

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JANUARY 15, 2021 / 3 SHEVAT 5781
PARSHAT VAERA – DR. MARTIN LUTHER KING, JR. SHABBAT

OPENING PRAYERS AND MEDITATIONS הקנת הלב

<i>Prelude</i>	Go Down Moses	African-American Spiritual*
34	יָדִיד נֶפֶשׁ Y'did Nefesh	Sarah and Ehud Zweig*
38	הַדִּלְקַת נְרוֹת שֶׁל שַׁבָּת Candle Blessing	Abraham Wolf Binder (1895-1967)*
40	שְׁלוֹם אֵלֵיכֶם Shalom Aleichem	Israel Goldfarb (1879-1956)*

KABBALAT SHABBAT / WELCOMING SHABBAT קבלת שבת

52	לְכוּ נִרְנְנָה (תהלים צה) L'chu N'ran'nah (Psalm 95)	Reuben Sirotkin (Born 1933)*
54	יִשְׁמְחוּ הַשָּׁמַיִם (תהלים צו) Yism'chu Hashamayim (Psalm 96)	Chasidic*
62	מִזְמוֹר לְדָוִד (תהלים כט) Mizmor L'David (Psalm 29)	Yiddish Melody (Shnirele Perele)*
66	לְכֵה דוֹדִי L'cha Dodi (Shlomo Alkabetz)	Josh Warshawsky (Born 1990)*
	From February 2020	Kol Haneshamah Synagogue (Jerusalem)*
72	מִזְמוֹר שִׁיר (תהלים צב) Mizmor Shir (Psalm 92)	Ken Chasen (Born 1965)*

MA'ARIV / THE EVENING SERVICE מעריב

78	בָּרְכוּ Bar'chu	Nusach
80	הַמַּעֲרִיב אֲרָבִים Hama'ariv Aravim	Nusach
86	אַהֲבַת עוֹלָם Ahavat Olam	Eric Mandell (1903-1988)*
88	שְׁמַע יִשְׂרָאֵל Sh'ma Yisrael	Salomon Sulzer (1804-1890)
89	וְאַהֲבַת V'ahavta	Torah Cantillation (Trobe)
Program	Standing on the Parted Shores	Noah Aronson (Born 1985)*
94	מִי כָמֹכָהּ Mi Chamochah	We Shall Overcome Melody*
Program	הַשְׁכִּיבֵנוּ Hashkiveinu	Yoshi Zweiback (Born 1969)*
102	וְשָׁמְרוּ V'shamru	South African Melody*
104	חֲצִי קָדִישׁ Chatsi Kaddish	Nusach
	עֲמִידָה Silent Amidah	
248	אֵין לִי אֶרֶץ אַחֶרֶת Ein Li Eretz Acheret	Korin Alal (Born 1955)*
118	עֲשֵׂה שְׁלוֹם Oseh Shalom	Yoel Sykes (Born 1986)*
130	תְּפִלָּה לְרִפּוּאָה Prayer for Healing	
Program	תְּפִלַּת הַרופְאִימוֹת Prayer for Healers	
Program	תְּפִלָּה לְמִדְיָנָה Prayer for Our Country	
138	קָדִישׁ שָׁלֵם Kaddish Shalem	Nusach

GUEST SPEAKER: U.S. REPRESENTATIVE JAMAAL BOWMAN

Program	Make Them Hear You	Music: Stephen Flaherty Lyrics: Lynn Ahrens
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CONCLUDING PRAYERS

140	אֵלֵינוּ Aleinu	סיום התפילה Salomon Sulzer (1804-1890)*
150	קָדִישׁ יְתוֹם Mourner's Kaddish	

ANNOUNCEMENTS: CBST PRESIDENT SABRINA FARBER

214	Lift Every Voice and Sing From January 2020	Lyrics: James Weldon Johnson (1871-1938) Music: John Rosamond Johnson (1873-1954)*
156	קִידוּשׁ וְמוֹצֵי קִידוּשׁ Kiddush & Motzi	Louis Lewandowski (1821-1894)

Service cont.

We Shall Overcome –
Aeolian Virtual Choir

Reverend Charles Albert Tindley

**Arranged by Joyce Rosenzweig*

COMPOSER FEATURE

Reuben Sirotkin (born 1933) grew up in British Mandate Jerusalem in an Orthodox family. Though he never learned to read or write music formally, he has composed hundreds of melodies and has taught the joy of singing to communities all around the Jewish world. In 1972, Sirotkin participated in the Chassidic Song Festival and won a top prize in every competition for the next 19 years. His famous *L'chu N'ran'nah* won first prize in 1974. Still active as a musician and as a cantor, Sirotkin continues to teach Jewish melodies to communities around Israel and, in his own words, “is his happiest when he hears that people are singing.”

Standing on the Parted Shores

Music: Noah Aronson

Lyrics: Michael Walzer

Standing on the parted shores of history
We still believe what we were taught
Before ever we stood at Sinai's foot
That wherever we go, it's eternally Egypt
That there's a better place, a promised land,
And the winding way to that promise passes through the wilderness
That there's no way to get from here to there
Except by joining hands
And marching together, singing...

Hashkiveinu / השְׁכִיבֵנוּ

Music: Rabbi Yoshi Zweiback

"Shelter Us" music and original lyrics by Larry Jonas

הַשְׁכִּיבֵנוּ ה' אֱ-לֹהֵינוּ לְשָׁלוֹם, וְהַעֲמִידֵנוּ מַלְכֵנוּ לְחַיִּים וּפְרוֹשׁ עָלֵינוּ סֶכֶת שְׁלוֹמָךְ.
אָמֵן

Hashkiveinu Adonai eloheinu l'shalom, v'ha-amideinu malkeinu l'hayim.

Ufros aleinu sukat sh'lomecha. Amen.

Shelter us beneath thy wings, O Adonai;
Guard us from all harmful things, O Adonai;
Keep us safe throughout the night,
Till we wake with morning's light,
Teach us, God, wrong from right. Amen.

Make Them Hear You

Music: Stephen Flaherty

Lyrics: Lynn Ahrens

Go out and tell our story
Let it echo far and wide
Make them hear you
Make them hear you
How Justice was our battle
And how Justice was denied
Make them hear you
Make them hear you
And say to those who blame us
For the way we chose to fight,
That sometimes there are battles
That are more than black or white
And I could not put down my sword
When justice was my right
Make them hear you
Make them hear you.

Go out and tell our story to your children
and your kin
Make them hear you
Make them hear you
And tell them, "In our struggle,
We were not the only ones"
Make them hear you
Make them hear you
Your sword could be a sermon
Or the power of the pen
Teach every child to raise their voice
And then, perhaps, then
Will justice be demanded by ten million
righteous souls
Make them hear you-
When they hear you, I'll be near you
Again

This Week's Shabbat Services

<p>Friday, Jan. 15 / 3 Sh'vat Kabbalat Shabbat, 6:30 pm Dr. Martin Luther King Jr. Shabbat</p> <ul style="list-style-type: none"> • <i>Ba'al Tefillah</i>: Cantorial Intern Sam Rosen • <i>Piano</i>: Music Director Joyce Rosenzweig • <i>Service Leader</i>: Rabbi Sharon Kleinbaum • <i>Guest Speaker</i>: Rep. Jamaal Bowman <p>Through gifts from generous donors, <u>CBST's Friday Night Prayerbook</u> is now available for online purchase at reduced price.</p>	<p>Saturday, Jan. 16 / 3 Sh'vat Shabbat Morning--Traditional Egalitarian Minyan, 9:30 am; Zoom link <u>here</u></p> <ul style="list-style-type: none"> • <i>Service Leader</i>: Cantorial Intern Sam Rosen • <i>D'var Torah</i>: David Chapman <p>Havdalah, 7 pm; Zoom link <u>here</u></p> <ul style="list-style-type: none"> • <i>Service Leaders</i>: Rabbi Yael Rapport, Larry Kay
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Speaker and Oneg Guest: U.S. Representative Jamaal Bowman (NY-16)

Jamaal Bowman is an American politician and educator serving as the U.S. representative for New York's 16th congressional district since 2021. The district covers much of the north Bronx, as well as the southern half of Westchester County including Mount Vernon, New Rochelle and Bowman's hometown of Yonkers. Bowman is the founder and former principal of the Cornerstone Academy for Social Action, a public middle school in Eastchester, Bronx. He is a member of the Lower Hudson Valley chapter of the Democratic Socialists of America. He defeated 16-term incumbent Eliot Engel in the 2020 Democratic primary.



Zoneg with Congressman Jamaal Bowman

Friday, January 15, after services ~ 8:30pm

Join Zoom Meeting: <https://us02web.zoom.us/j/81672249645>

Meeting ID: 816 7224 9645

Dial by your location: +1 646 876 9923 US (New York)

Prayer for Healers

May the One who blessed our ancestors
Bless all those who put themselves at risk to care for the sick
Physicians and nurses and orderlies
Technicians and home health aides
EMTs and pharmacists
Hospital social workers and respiratory therapists
(Please include other frontline healthcare workers. And bless especially _____)
Who navigate the unfolding dangers of the world each day,
To tend to those they have sworn to help.
Bless them in their coming home and bless them in their going out.
Ease their fear. Sustain them.
Source of all breath, healer of all beings,
Protect them and restore their hope.
Strengthen them, that they may bring strength;
Keep them in health, that they may bring healing.
Help them know again a time when they can breathe without fear.
Bless the sacred work of their hands.
May this plague pass from among us, speedily and in our days.

מי שברך לאבותינו ולאמותינו, הוא יברך את כל צוותי הרפואה המסכנים את עצמם על מנת לרפא ולטפל
בחולים – הרופאות והרופאים, האחים והאחיות, הטכנאיות, אנשי המשק, המטפלות, הפארמדיקים
על עולמנו בכל יום, על מנת לרפא את . . והרוקחות. (ברך במיוחד את ____). המנווטים בסכנה המתרגשת
יצורי כפיד
ברך אותם בבואם, וברך אותן בצאתן. הקל על הפחד שלהם. חזקם ואמצם .
רופא כל בשר, הענק להם אומץ רוח ומרץ רב לעשות עבודתם נאמנה. אדון כל הנשמות, הגן עליהם והענק
להן תקווה. חזק אותם כדי שיוכלו לחזק אחרים. הגן על בריאותן כדי שיוכלו לסייע בהחלמה. סייע להם
להגיע לזמן שבו יוכלו לנשום עמוק בלי פחד. ברך את מלאכת ידיהן הקדושה. מגר את המגיפה מעולמנו,
במהרה בימינו
רפאנו ה' ונרפא, הושיענו ונושעה.

Rabbi Ayelet S. Cohen, March 2020
Hebrew by Rabbi Noa Sattath

Refuah Shleimah – Healing Prayers

Sasha Raizel bat Chana	Amelia Mendoza	Rebecca Rosenbaum
Ron Cohen	Jack Meyers	Shlomo Zalman ben Shayna
Tzvi ben Esther	Rivkah bat Miriam-Malkah	Risha
David Goltsman	v'Yidl	Meg Sivitz
Sarah Tovah bat HaRav Dov	Barbara Mones	Kiev Tetra
v'Sheinah	Edward Rhubart	Urvashi Vaid
Dan Jacobson	Susan Ricken	Salomon Vaz Dias
Annette Kunin	Barbara Rosen	

We include in our healing prayers all those currently afflicted with COVID-19, in the CBST community & at large. We also include in our prayers the thousands of immigrant children in US custody, most of whom are separated from their families. This list is for those with acute illness. Any member can submit their name for one-month inclusion. We only print names of those who have consented. You may say any name aloud during the healing prayer. If you or a CBST member you know is ill & would like support, contact info@cbst.org. We're here for you.

Yortzeits 3 Sh'vat to 9 Sh'vat 5781

Members memorialized on the Wine Family Sanctuary Memorial Wall
Lee Rosenberg Melville Weiss

Family & Friends memorialized on plaques on the Kuriel Chapel Memorial Wall

Jack Doner	Evelyn Igel	Abraham Lache
John Figueroa	Leonard Kaplowitz	Henri Masliah
Ronnie Fineberg	Robert Daniel Kay	Samuel Miller
Arthur Glass	Anne Knoll	Elsie Shapiro
William Goldberg	Robert Kramer	Molla Siegel
Eli Goldstein	Charles Kudler	Rubin Sonnenstein

Condolences

The CBST community extends condolences to mourners among us:

CBST **Associate Rabbi Yael Rapport** on the death of her aunt, Mercedes Nibur, z"l, who died on Jan. 11.

We also offer condolences to the families, friends, and communities of all those who are dying each day from the COVID-19 pandemic. As of today, the total number of deaths are:

- 25,834 in New York City;
- 398,948 across the United States;
- 40,448 in New York State;
- 2,009,441 worldwide.

May God comfort you among all who mourn. We pray for peace.

PRAYER for OUR COUNTRY Rabbi Ayelet Cohen

Our God and God of our ancestors,
bless this country and all who dwell within it.
Help us to experience the blessings of our lives and circumstances,
To be vigilant, compassionate, and brave.
Strengthen us when we are afraid,
Help us to channel our anger, so that it motivates us to action.
Help us to feel our fear, so that we do not become numb.
Help us to be generous with others, so that we raise each other up.
Help us to be humble in our fear,
knowing that as vulnerable as we feel,
there are those at greater risk, and
that it is our holy work to stand with them.
Help us to taste the sweetness of liberty,
To not take for granted the freedoms won
in generations past or in recent days.
To heal and nourish our democracy,
that it may be like a tree planted by the water
whose roots reach down to the stream;
it need not fear drought when it comes,
its leaves are always green (Jeremiah 17:8).
Source of all Life,
Guide our leaders with righteousness
Strengthen their hearts, but keep them from hardening.
That they may use their influence and authority to
speak truth and act for justice (Isaiah 16:3-5).
May all who dwell in this country
share in its bounty, enjoy its freedoms,
and be protected by its laws.
May this nation use its power and wealth
to be a voice for justice,
peace, and equality for all who dwell on earth.
May we be strong and have courage
To be bold in our action and deep in our compassion,
To discern when we must listen and when we must act,
To uproot bigotry, intolerance, misogyny, racism,
discrimination, and violence in all its forms,
To celebrate the many faces of God reflected
in the wondrous diversity of humanity,
To welcome the stranger and the immigrant
and to honor the gifts of those who seek refuge
and possibility here, as they have since
before this nation was born.
Let justice well up like waters, and righteousness
like a mighty stream (Amos 5:24)

אלוהינו ואלוהי אבותנו ואמותינו. ברכ את ארצנו ואת כל
היושבות והיושבים בה
יחד לבבנו להודות לך על חיינו ועל הזמן הזה
להיות דרוכות, אמיצים, ומלאי חמלה.
חזקנו וחזק ידנו כאשר אנו אחוזים בפחד
סייע בידינו לנתב את כעסנו לידי מעשה
חזק לבבנו לחוש את מלוא הפחד שלנו
כדי שלא נהפוך לאדישות
סייע לנו להשפיע נדיבות על אחרים כדי שנרים זה את זה .
סייע לנו להיות צנועות בפחד, כדי שנדע כי גם כשאנו מרגישים
פגיעות, יש אחרות, הנמצאות בסיכון גבוה אף יותר, זוהי חובתנו
הקדושה להיות עמן.
ברכנו בטעם המתוק של החופש
כדי שנשכיל להעריך את החופש לו זכינו בדורות קודמים ובעת הזו
לרפא ולחזק את הדמוקרטיה שלנו שתהיה כַּעַץ שְׁתוּל עַל-מַיִם,
וְעַל-יוֹבֵל יִשְׁלַח שְׂרָשָׁיו, וְלֹא יֵרָאֶה כִּי-יָבֵא חֶסֶם, וְהָיָה עֲלֵהוּ רֶעֶנָּה;
(ירמיהו יז, ח)
שכינה, אם כל חי,
שלחי אורך ואמתך למנהיגנו
חזקי לבבותיהם שלא יתקשו
שישתמשו בכוחן כדי לדבר אמת ולפעול בצדק (ישעיהו טז, ג-ה)
מי יתן וכל יושבי הארץ יחלקו בעושרה, ישגשו בחופש שתציע, ויהיו
מוגנים בחוקיה
מי יתן ואומה זו תשתמש בכוחה ובעושרה על מנת לקדם צדק, חופש
ושלום לכל יושבי תבל
מי יתן ונהיה חזקות ואמיצים
מי יתן ונהיה נועזים במעשי ידנו ועמוקות בחמלה שבלבנו
שנבחין מתי עלינו להקשיב ומתי עלינו לפעול
לעקור שנאה, גזענות, שוביניזם, אפליה, אלימות בכל צורה,
לחגוג את צלם אלוהים בפנים שונות המשתקפות בכל המגוון האנושי
לקבל את הזר ואת המהגרת, ולכבד את המתנות שמביא כל מי
שמבקשת מקלט והזדמנות בארץ זו, כפי שהיה מאז לפני שאומה זו
נולדה
וַיֵּגַל בְּמַיִם, מִשְׁפָּט; וַיִּצְדָּקָה, כְּנַחַל אֵיתָן
(עמוס ה כד)

Hebrew by Rabbi Noa Sattath

Beit Simchat Torah CONGREGATION

קהלה קדושה בית שמחת תורה

Featured Events

MLK SHABBAT




REP. JAMAAL BOWMAN
(NY-16)

SPEAKER & ONEG GUEST

JAN 15

CBST eNews

Check your inbox for our streamlined, refreshed CBST eNews!

Inside is everything you need to know about services and programs for the week ahead.

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TONIGHT'S LIVESTREAM / ZOOM

Sponsored by

CBST Board, Clergy, and Staff with appreciation to Congressman Jamaal Bowman for sharing words with us this MLK Jr. Day Shabbat.

Tanya Domi to commemorate my two-year membership at CBST. B'todah to Rabbis Kleinbaum, Rapport, & James for your support in a myriad of ways in a soul aligning decision.

Joy Gershman in memory of my friend, Cecelia Urban, z"l. May her desire for Social Justice join with the energies of Rabbi Heschel. May they help us in our pursuit of justice during these turbulent times.

Lee Goldberg Mazal tov to Johanna Sanders on becoming a lawyer!

The Shapiro Farbers in memory of the 18th yortzeit of mother/mother-in-law/grandmother, Elsie Shapiro, z"l. A woman of valor who pursued justice always - you live in our hearts forever.

Supported by

Jinny Henenberg in honor of Speaker Nancy Pelosi for her stalwart Patriotism.

Noemi Masliah in memory of my father, Henri Masliah, z"l, on his 11th yortzeit. How I could have used his kindness and good humor these past months.

Noemi Masliah in honor of Immigration Equality for successfully obtaining a nation-wide preliminary injunction to the inhumane asylum regulations which would have been effective on 01/11. We pray that it becomes permanent.

Noemi Masliah in honor of Noah Habeeb, Coordinator of our Immigration Clinic, and of all of its volunteers who worked so hard to file the many asylum applications before the 01/11 deadline.

Fredric Miggins in honor of the sixth yortzeit of my father Richard Miggins, z"l.

Marilyn Mishaan remembering my aunt Vicky Akel, z"l, on her yortzeit, and remembering Evelyn Mishaan, z"l, on her yortzeit.

Bonnie Siegel and Linda Solomon Thank you Miya Rotstein, Sister Rabbi Sharon Kleinbaum, and Harold Levine for the joy of learning with you in Aleph II and Psalms Classes and for all Linda's "teachers"/fellow learners.

Shep Wahnnon in memory of friends Laura Weinstein, z"l, Trans Woman Jewish Activist from Colombia, and Erwin Brugmans, z"l, a Gay Jewish Activist from the Netherlands. Also in honor of my Hebrew birthday which is today, 3rd Sh'vat.

Andy Austin and Michael Sonberg, Michael Goldstein, Suzanne Hanen, Calvin Klein Hoffman

Sponsorships cont.

SHABBAT MORNING LIVESTREAM / ZOOM

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Sabrina Farber and Ellen Shapiro thank you to the entire CBST staff for what you do every day!

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